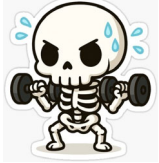




OLQH/ SVDP Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 5 Breakfast Ham & Cheese Combo Pineapple Tidbits Lunch Meatball Sub Mashed Potatoes Diced Peaches	6 Breakfast Poptart Mixed Fruit Lunch Alfredo Chicken Buttered Pasta Roasted Broccoli Mandarin Oranges	7 Breakfast Mini Bagel Strip Applesauce Lunch Soft Shell Pork Taco Refried Beans Pineapple Tidbits	8 Breakfast Mini Cinnis Diced Pears Lunch H.M. Chicken Teriyaki Brown Rice Stir-fried Vegetables Tropical Mixed fruit	9 No School Teacher Training 
12 Breakfast Mini Waffles Applesauce Lunch BBQ Pulled Pork Sub Sweet Potato Fries 100% Juice	13 Breakfast Pumpkin Bread Diced Pears Lunch Mac'N Cheeseburger Dish Broccoli Tropical Mixed Fruit	14 Breakfast Pancake Wrap Applesauce Lunch Cheese Quesadilla Refried Beans Pineapple Tidbits	15 Breakfast Breakfast Burrito 100% Juice Lunch Tater Tot Chicken Pot Pie Biscuit Mandarin Oranges	16 Breakfast Roasted Potatoes Egg Patty Lunch Cheese Fries 100% Veggie Juice Diced Peaches
19 Breakfast Apple Frudel Diced Pears Lunch Italian Deli Sub 100% Veggie Juice Applesauce	20 Breakfast Cereal Bar String Cheese Lunch Corndogs Mashed Potatoes Diced Peaches	21 Breakfast Hot Oatmeal Hash browns Lunch Beef Nachos Black Beans Pineapple Tidbits	22 Breakfast Sausage & Cheese Biscuit Apple Slices Lunch Ham Fried Rice Roasted Broccoli Mandarin Oranges	23 Breakfast Soft Cinnamon Toast Bar 100% Juice Lunch Grilled Cheese Tomato Soup Baby Carrots Mixed Fruit
26 Breakfast Banana Bread Applesauce Lunch Chicken Patty Sandwich French Fries Diced Pears	27 Breakfast Assorted Muffins Diced Pears Lunch Assorted Pizza 100% Veggie Juice Diced Peaches	28 Breakfast Ham & Cheese Combo Mixed Fruit Lunch Chicken Fajitas Black Beans Mandarin Oranges	29 Breakfast Mini Bagel Strip Applesauce Lunch Breaded Chicken Parmesan Buttered Noodles Sweet Carrots Mixed Fruit	30 



OLQH/ SVDP Lunch Prices

Students	\$3.25
Adults	\$4.65
Extra Milk	\$0.60
Juice	\$0.65
Free and Reduced	\$0.40

Breakfast Prices

Students	\$2.35
Adults	\$3.95
Extra Milk	\$0.60

Whole Grain Constitutes 80% of
All Weekly Grains Being Served
All Meals Served Ito 4K Include
1% White Milk
K-5 Receives a Choice of 1% White or
Chocolate Skim Milk
H M= Home Made
Alternate Protein is a Yogurt or
String Cheese
Unless Otherwise Stated

*This institution is an equal opportunity provider
All Menus Are Subject To Change*

