





OLQH/ SVDP Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Breakfast Bagel Strips Diced Peaches Lunch Cheese Quesadilla Refried Beans Pineapple Tidbits	2 Breakfast Pancake Wrap Applesauce Lunch H M Chicken Teriyaki Brown Rice Roasted Green Beans Mandarin Oranges	3 
6 	7 Breakfast Cereal Bar Applesauce Lunch Chicken Nuggets Mashed Potatoes Corn 100% Juice	8 Breakfast Ham & Cheese Combo Diced Pears Lunch Chicken Fajitas Soft Tortilla Black Beans Tropical Fruit Salad	9 Breakfast Pancakes Sausage Applesauce Lunch Assorted Pizza Relish Tray Diced Peaches	10 Breakfast Mini Bagel Strips 100% Juice Lunch Mozzarella Stix Roasted Carrots Diced Pears
13 Breakfast Mini Cinnis Applesauce Lunch Egg & Cheese Croissant Hash brown Mixed Berries	14 Breakfast Assorted Muffins Mixed Fruit Lunch Rotini Noodles Meatballs Roasted Broccoli Diced Peaches	15 Breakfast Apple Frudel Pineapple Tidbit Lunch Chicken Nachos Refried Beans Warm Spiced Apples	16 Breakfast Biscuit Sausage & Egg 100% Juice Lunch Orange Chicken Brown Rice Asian Slaw Mandarin Oranges	17 Breakfast Banana Bread Diced Peaches Lunch Breaded Ravioli Roasted Carrots Diced Peaches
20 Breakfast Blueberry Snack Loaf Pineapple Tidbits Lunch Hot Ham & Cheese Sub Roasted Carrots Diced Peaches	21 Breakfast Bagel Strips Diced Pears Lunch Chicken Parmesan Rotini Noodles Roasted Broccoli 100% Juice	22 Breakfast Ham & Cheese Combo Mixed Fruit Lunch Cheese Quesadilla Refried Beans Tropical Fruit Salad	23 Breakfast Pancake Wrap Applesauce Lunch Chicken Pot stickers Vegetable Lo Mien Stir fry Veggies Mandarin Oranges	24 Breakfast Mini Waffles Diced Pears Lunch French Toast Egg Patty Hash brown Pineapple Tidbits
27 Breakfast Cinnamon Crunch Soft Cereal Mandarin Oranges Lunch Cheeseburger French Fries Pineapple Tidbits	28 Breakfast Grape Crescent Roll Diced Pears Lunch Mini Corndogs Sweet Potato Fries Mixed Fruit	29 Breakfast French Toast Mandarin Oranges Lunch Pork Nachos Black Beans Warm Spiced Apples	30 Breakfast Mini Cinnis Diced Peaches Lunch Assorted Pizza Baby Carrots Diced Peaches	

OLQH/ SVDP Lunch Prices

Students \$3.20

Adults \$4.65

Extra Milk \$0.60

Juice \$0.65

Breakfast Prices

Students \$2.25

Adults \$3.95

Extra Milk \$0.60

No Extra Entrée

Whole Grain Constitutes 80% of
All Weekly Grains Being Served

All Meals Served to 4K Include
1% White Milk

K-5 Receives a Choice of 1% White or
Chocolate Skim Milk

H M= Home Made

Alternate Protein is a Yogurt or
String Cheese

Unless Otherwise Stated

This institution is an equal opportunity provider

All Menus Are Subject To Change