



OLQH/ SVDP Menu



| Monday   | Tuesday  | Wednesday  | Thursday   | Friday  |
|--|--|--|--|---|
| 2<br><b>Breakfast</b><br>French Toast<br>Applesauce<br><b>Lunch</b><br>Egg & Cheese Croissant<br>Hash brown<br>Mixed Berries       | 3<br><b>Breakfast</b><br>Cereal Bar<br>Mandarin Oranges<br><b>Lunch</b><br>Assorted Pizza<br>Baby Carrots<br>Diced Peaches                             | 4<br><b>Breakfast</b><br>Assorted Muffins<br>Diced Peaches<br><b>Lunch</b><br>Chicken Fajitas<br>Soft Tortilla Shells<br>Refried Beans<br>Mandarin Oranges | 5<br><b>Breakfast</b><br>Pancake Wrap<br>Applesauce<br><b>Lunch</b><br>Ham Fried Rice<br>Roasted Green Beans<br>Tropical Fruit Salad                         | 6<br>   |
| 9<br>  | 10<br><b>Breakfast</b><br>Apple Frudel<br>100% Juice<br><b>Lunch</b><br>Rotini Noodles<br>Meat sauce<br>Roasted Broccoli<br>Diced Peaches              | 11<br><b>Breakfast</b><br>Ham & Cheese Combo<br>Diced Pears<br><b>Lunch</b><br>Pork Nachos<br>Black Beans<br>Warm Spiced Apples                            | 12<br><b>Breakfast</b><br>Pancakes & Sausage<br>Applesauce<br><b>Lunch</b><br>H M Teriyaki Chicken<br>Asian Noodles<br>Stir Fry Veggies<br>Pineapple Tidbits | 13<br><b>Breakfast</b><br>Grape Crescent Roll<br>Mixed Fruit<br><b>Lunch</b><br>Mozzarella Stix<br>Roasted Carrots<br>Diced Pears               |
| 16   | 17 <b>St. Patrick's Day</b>  | 18   | 19   | 20  |
|  |  |  |  |   |
| 23<br><b>Breakfast</b><br>Blueberry Snack Loaf<br>Mixed Fruit<br><b>Lunch</b><br>Meatball Sub<br>Sweet Potato Fries<br>Diced Pears | 24<br><b>Breakfast</b><br>Assorted Muffins<br>Diced Pears<br><b>Lunch</b><br>Chicken Nuggets<br>Mashed Potatoes<br>Diced Peaches                       | 25<br><b>Breakfast</b><br>Bagel Strip<br>Diced Peaches<br><b>Lunch</b><br>Pork Nachos<br>Refried Beans<br>Tropical Fruit Salad                             | 26<br><b>Breakfast</b><br>Pancake Wrap<br>Diced Peaches<br><b>Lunch</b><br>Orange Chicken<br>Confetti Fried Rice<br>Asian Slaw<br>Pineapple Tidbits          | 27<br><b>Breakfast</b><br>Cereal Bar<br>Diced Peaches<br><b>Lunch</b><br>Fish Nuggets<br>Buttered Noodles<br>Steam Broccoli<br>Mandarin Oranges |
| 30<br><b>Breakfast</b><br>Mini Waffles<br>100% Juice<br><b>Lunch</b><br>Cheeseburger<br>French Fries<br>Pineapple Tidbits          | 31<br><b>Breakfast</b><br>Biscuit Sausage & Egg<br>Diced Pears<br><b>Lunch</b><br>Chicken Parmesan<br>Rotini Noodles<br>Roasted Broccoli<br>Applesauce |  |  |   |

OLQH/ SVDP Lunch Prices

Students \$3.20

Adults \$4.65

Extra Milk \$0.60

Juice \$0.65

Breakfast Prices

Students \$2.25

Adults \$3.95

Extra Milk \$0.60

**No Extra Entrée**

Whole Grain Constitutes 80% of All Weekly Grains Being Served

All Meals Served Ito 4K Include 1% White Milk

K-5 Receives a Choice of 1% White or Chocolate Skim Milk

H M= Home Made

Alternate Protein is a Yogurt or String Cheese

Unless Otherwise Stated




*This institution is an equal opportunity provider*

**All Menus Are Subject To Change**





OLQH/ SVDP Snack Menu

| Monday   | Tuesday                         | Wednesday                        | Thursday                      | Friday   |
|--|---------------------------------|----------------------------------|-------------------------------|--|
| 2  | 3<br>Tiger Bites<br>Milk        | 4<br>Ranch Doritos<br>100% Juice | 5<br>Confetti Cookies<br>Milk | 6<br> |
| 9<br> | 10<br>Cheez It<br>String Cheese | 11<br>Fritos Chips<br>100% Juice | 12<br>Goldfish<br>Milk        | 13<br>Popcorn<br>100% Juice  |
| 16   | 17                              | 18                               | 19                            | 20   |
|     |                                 |                                  |                               |  |
| 23<br>Chocolate Chip<br>Oatmeal<br>Milk  | 23<br>Doritos<br>String Cheese  | 24<br>Sun Chips<br>100% Juice    | 25<br>Cheez It<br>Milk        | 26<br>Goldfish<br>100% Juice   |

OLQH/ SVDP Lunch Prices

|            |        |
|------------|--------|
| Students   | \$3.15 |
| Adults     | \$4.65 |
| Extra Milk | \$0.50 |
| Juice      | \$0.60 |

Breakfast Prices

|            |        |
|------------|--------|
| Students   | \$2.25 |
| Adults     | \$3.95 |
| Extra Milk | \$0.60 |

**No Extra Entrée**

Whole Grain Constitutes 80% of  
All Weekly Grains Being Served  
All Meals Served Ito 4K Include  
1% White Milk  
K-5 Receives a Choice of 1% White or  
Chocolate Skim Milk  
H M= Home Made  
Alternate Protein is a Yogurt or  
String Cheese  
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