

2026-2027 Assumption Middle/High School Dress Code

Regular School Day

- Solid colored polo, button down shirt, dress shirt, blouse, Henley-style t-shirt, or Assumption t-shirt.
- Any solid-colored neutral or dark dress pant, Docker-style pants, or non-athletic shorts that are no shorter than 3 inches from the top of the knee. No denim or jeggings. No leggings/athletic pants/shorts/sweatpants. Pants must fit appropriately.
- Tennis shoes, dress shoes, Birkenstock style sandal or clog. (No athletic sandals, slides, slippers, or crocs)
- Any solid-colored or Assumption logo hooded sweatshirt, crewneck, ¼ zip, full zip sweatshirt/light jacket.
- During 1st and 4th quarter, knee length dress shorts are allowed (except on Mass days).
- Girls may wear dresses or skirts with a hemline at the knee or longer. If leggings are worn underneath, the hemline can rise to no higher than fingertip length.

Mass Days

- Young Men: Tucked in button down dress shirt with dress pants or Docker-style pants. A sweater, plain or Assumption ¼ or full zip up may be worn over the dress shirt.
- Young Women: Dresses knee-length or longer or dress pants or skirt with blouse, dress shirt, or sweater.

Fridays and Spirit Days

- Any appropriate Assumption top (t-shirt/sweatshirt).
- Athletic pants or shorts that are black in color.
- Any clean solid-colored denim pants with no holes or tears or regular school pants.

General Guidelines of what is Not Acceptable

- Hairstyles that are a distraction or hair that covers your eyes or face. No mohawks, mullets spiked hair, unnatural colorings or designs.
- Tattoos displayed in school or at any Assumption function, whether at home or away.
- Hats or head gear in school.
- Leggings, jeggings, sweatpants, athletic pants/shorts, or wind pants. Black athletic pants/shorts allowed on Fridays and Spirit Days.
- Open shoulder, off the shoulder tops or strapless/backless clothing.
- Stretch, spandex, or tight clothing.
- Political signs/logos or inappropriate content. (alcohol, drug, tobacco, swear words, etc.)
- Outdoor/heavy jackets.
- Facial hair (mustaches, beards, or long sideburns) or piercings.
- Clothing, jewelry, and or grooming must not be a distraction, a potential danger or disruption to the learning environment.
- Young women may have up to two earrings per ear and young men may not wear earrings.

Physical Education

- Shorts must extend to 3 inches above the knee or longer. Athletic pants/shorts or sweatpants are permitted.
- T-shirts cannot be cut, torn, or altered.
- Non-marking athletic shoes are required.