



OLQH/ SVDP Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <b>Breakfast</b> Bagel Strips Diced Pears <b>Lunch</b> Cheeseburger French Fries Pineapple Tidbits</p>	<p>2 <b>Breakfast</b> Cereal Mandarin Oranges <b>Lunch</b> Assorted Pizza Baby Carrots Diced Peaches</p>	<p>3 <b>Breakfast</b> Pancake Wrap Diced Peaches <b>Lunch</b> Chicken Fajitas Brown Rice Refried Beans Tropical Fruit Salad</p>	<p>4 <b>Breakfast</b> Grape Crescent Roll Applesauce <b>Lunch</b> Orange Chicken Asian Slaw Mandarin Oranges</p>	<p>5 <b>Breakfast</b> Assorted Muffin Mixed Fruit <b>Lunch</b> Grilled Cheese Sandwich Tomato Soup Roasted Broccoli Pineapple Tidbit</p>
<p>8 <b>Breakfast</b> Mini Cinnis Diced Peaches <b>Lunch</b> Hot Ham &amp; Cheese Sub Tater Tots 100% Juice</p>	<p>9 <b>Breakfast</b> Apple Frudel 100% Juice <b>Lunch</b> Rotini Noodles Meat sauce Roasted Broccoli Diced Peaches</p>	<p>10 <b>Breakfast</b> Ham &amp; Cheese Combo Diced Pears <b>Lunch</b> Pork Nachos Black Beans Warm Spiced Apples</p>	<p>11 <b>Breakfast</b> Pancakes Sausage Applesauce <b>Lunch</b> H M Teriyaki Chicken Brown Rice Stir Fry Veggies Pineapple Tidbits</p>	<p>12 <b>Breakfast</b> Cereal Bar Mixed Fruit <b>Lunch</b> Mozzarella Stix Roasted Carrots Diced Pears</p>
<p>15 <b>Breakfast</b> Mini Waffles Mixed Fruit <b>Lunch</b> Cheeseburger Sweet Potato Fries Diced Peaches</p>	<p>16 <b>Breakfast</b> Pop tart Applesauce <b>Lunch</b> Chicken Parmesan Rotini Noodles Roasted Broccoli Diced Pears</p>	<p>17 <b>Breakfast</b> Mini Bagel Strips 100% Juice <b>Lunch</b> Cheese Quesadilla Refried Beans Tropical Fruit</p>	<p>18 <b>Breakfast</b> Biscuit Sausage &amp; Egg 100% Juice <b>Lunch</b> Chicken Alfredo Rotini Noodles Carrots Mixed Fruit</p>	<p>19 <b>Breakfast</b> Blueberry Crisp Applesauce <b>Lunch</b> French Toast Casserole Petite Cinnamon Roll Tater Tots Mandarin Oranges</p>
<p>22 <b>Breakfast</b> Pumpkin Bread Mixed Fruit <b>Lunch</b> Hotdog Baked Beans Mixed Fruit</p>	<p>23 <b>Breakfast</b> Assorted Muffins Diced Pears <b>Lunch</b> Chicken Nuggets Mashed Potatoes Corn 100% Juice</p>	<p>24 Beginning of Winter Break</p>		
<p>29</p>	<p>30</p>	<p>31</p>		<p>2</p>

*OLQH/ SVDP Lunch Prices*

<i>Students</i>	<i>\$3.20</i>
<i>Adults</i>	<i>\$4.65</i>
<i>Extra Milk</i>	<i>\$0.60</i>
<i>Juice</i>	<i>\$0.65</i>

*Breakfast Prices*

<i>Students</i>	<i>\$2.25</i>
<i>Adults</i>	<i>\$3.95</i>
<i>Extra Milk</i>	<i>\$0.60</i>

*No Extra Entrée*

Whole Grain Constitutes 80% of All Weekly Grains Being Served  
All Meals Served Ito 4K Include 1% White Milk  
K-5 Receives a Choice of 1% White or Chocolate Skim Milk  
H M= Home Made  
Alternate Protein is a Yogurt or String Cheese  
Unless Otherwise Stated

*This institution is an equal opportunity provider  
All Menus Are Subject To Change*

