

## OLQH/ SVDP Menu

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
|   |  | I Breakfast Zucchini Bread Juice Lunch Beef Nachos Black Beans Sliced Apples                         | 2 Breakfast Ham & Cheese Combo Mixed Fruit Bag Lunch Turkey & Cheese Sandwich Baby Carrots /Chips 100% Juice/ Cookie     | Teacher Training   |
| 6 Breakfast Apple Frudel Mixed Fruit Lunch Meatball Sub Sandwich Sliced Red Peppers Diced Peaches     | 7 Breakfast Pop tart Diced Pears Lunch Egg & Pancakes Hash brown Applesauce                    | 8  Breakfast Mini Waffles 100% Juice Lunch Fajita Chicken Brown Rice Refried Beans Pineapple Tidbits | 9 Breakfast Pancake Wrap Mandarin Oranges Lunch Mac & Cheeseburger Dinner Steamed Broccoli Mini Cinnamon Roll 100% Juice | I0 Breakfast Mini Cinnis Diced Peaches Lunch Lasagna Roll up Broccoli Diced Pears            |
| I3 Breakfast French Toast Applesauce Lunch Hot Ham & Cheese Sandwich Romaine Salad Diced Pears        | 14 Breakfast Banana Bread Mixed Fruit Lunch Chicken Nuggets Mashed Potatoes Corn Diced Peaches | I5 Breakfast Cinnamon Toast Bar Sliced Apples Lunch Beef Nachos Black Beans Tropical Fruit Salad     | 16  Breakfast Biscuit Sausage Sandwich 100% Juice Lunch Chicken Pesto Rotini Pasta Roasted Vegetables Pineapple Tidbits  | 17 Breakfast Blueberry Pancakes 100% Juice Lunch Garlic Cheese Bread Baby Carrots Applesauce |
| 20 Breakfast Mini Bagel Strip Pineapple Tidbits Lunch Chicken Philly Sweet Potato Fries Diced Peaches | 21 Breakfast Assorted Muffin Mixed Fruit Lunch Assorted Pizza Relish Tray Diced Pears          | 22 Breakfast Granola & Yogurt 100% Juice Lunch Cheese Quesadilla Refried Beans Tropical Fruit Salad  | 23 Breakfast Apple Frudel Diced Pears Lunch Spaghetti Meat sauce Broccoli Mixed Fruit                                    | 24 Breakfast Mini Waffles Diced Peaches Lunch French Toast Casserole Hash brown Strawberries |
| 27 Breakfast Assorted Muffins Mixed Fruit Lunch Hamburger Sweet Potato Fries Diced Pears              | 28 Breakfast Wisconsin Parfait 100% Juice Lunch Egg & Bacon Croissant Hash brown Diced Peaches | 29 Breakfast Banana Bread Applesauce Lunch Beef Nachos Black Beans Pineapple Tidbits                 | 30 Breakfast Ham & Cheese Combo Mixed Fruit Lunch Orange Chicken Brown Rice Stir Fried Vegetables Mandarin Oranges       | Happy Hallowen!  |



| OLQH/ SVDP       | Lunch Prices |  |  |  |  |
|------------------|--------------|--|--|--|--|
| Students         | \$3.20       |  |  |  |  |
| Adults           | \$4.65       |  |  |  |  |
| Extra Milk       | \$0.60       |  |  |  |  |
| Juice            | \$0.65       |  |  |  |  |
| Breakfast Prices |              |  |  |  |  |
| Students         | \$ 2.25      |  |  |  |  |
| Adults           | \$3.95       |  |  |  |  |
| Extra Milk       | \$0.60       |  |  |  |  |
|                  |              |  |  |  |  |

Whole Grain Constitutes 80% of
All Weekly Grains Being Served
All Meals Served to 4K include
1% White Milk
K-5 Receives a Choice of 1% White or
Chocolate Skim Milk
H M= Home Made
Unless Otherwise Stated

This institution is an equal opportunity provider All Menus Are Subject To Change

