

# Directory of Referral Services for Mental Health

**WINTER 2016**

**For areas including: Marshfield, Stevens Point,  
Waupaca, Wausau and Wisconsin Rapids**

**Compiled by the Central Wisconsin Counselor  
Association (CWCA) Planning Committee**

**Updated by St. Michaels Mental Health Unit**

**ADVOCATE PSYCHOTHERAPY SERVICE** [www.advocatepsychservices.com](http://www.advocatepsychservices.com)

**Stevens Point Location:**

2900 Hoover Ave., Suite B Stevens Point, WI 54481  
Phone: (715) 544-4435 Fax: (715) 952-4995

**Marshfield Location:**

146 N. Central Ave., Suite 204 Marshfield, WI 54449  
Phone: (715) 502-2828 Fax: (715) 952-4995

**Mental Health Specialist:** Steve Johnson, MA, LPC, NCC [steve@advocatepsychservices.com](mailto:steve@advocatepsychservices.com)

**Mental Health Specialist:** Kathryn Berg, MA [kathy@advocatepsychotherapyservices.com](mailto:kathy@advocatepsychotherapyservices.com)

**Mental Health Specialist:** Aaron King [aaron@advocatepsychotherapyservices.com](mailto:aaron@advocatepsychotherapyservices.com)

**Wisconsin Rapids Location:**

241- 17<sup>th</sup> Avenue  
Phone (800) 681-2374

**ALLIANCE HEALTH CLINIC** [www.alliancehealthclinic.com](http://www.alliancehealthclinic.com)

2417 Post Road Building A, Stevens Point, WI 54481 Phone: (715) 690- 1272

**Mental Health Specialist:** Jude Stenovitch, MD  
Areas of Expertise: Adult psychiatry

**Mental Health Specialist:** Melissa Skrzypchak, LCSW  
Areas of Expertise: Individual and family therapy.

**Mental Health Specialist:** Ernestine Wagner, PA-C

**Mental Health Specialist:** Kathryn Goel, PHD

**Mental Health Specialist:** Jessie Jensen, LPC

**Mental Health Specialist:** Megan Bednarczyk, MS, CRC, LPC

**Mental Health Specialist:** Day Frye, LMFT

**Mental Health Specialist:** Victoria Pahl, PA-C

**ASSOCIATED EMPLOYEE ASSISTANCE SERVICES**

**Stevens Point Location:**

1820 Post Rd. #5, Plover, WI 54467

Phone: (715) 344-6379 or (800) 540-3758

*Offices are in Plover, Wisconsin Rapids, Marshfield, Wausau, Weston and northern counties. They do not provide outpatient therapy beyond the scope of EAP.*

**Mental Health Specialist:** Leah Szemborski, LPC  
Karen Genisot, LPC  
Mary Mattes, LPC-T

No outpatient therapy beyond the scope of EAP

**Wausau Location:**

301 Kent Street, St. Clare’s Hospital, Wausau, WI 54401

**Mental Health Specialist:** Gary Yeast, LMFT  
Barb Yeast

No outpatient therapy beyond the scope of EAP

**BEHAVIORAL HEALTH CLINIC**

[www.bhcwausau.com](http://www.bhcwausau.com)

**Wausau Location:**

3600 Stewart Ave, Suite B, Wausau WI 54401

Phone: (715)842-9500

Fax: 715.848.0425

E-Mail: [appointments@bhcwausau.com](mailto:appointments@bhcwausau.com)

**Mental Health Specialist:**

Areas of Expertise:

**Shannon Schaefer, Ph. D**

Depression and bipolar disorders, anxiety, stress, phobias, couples/relationships, psychological evaluations, adjustment issues, children’s conduct/oppositional issues, PTSD, Pre-adoptive and pre-surrogacy issues, children and adolescents, ADHD, learning disabilities and parenting.

**Mental Health Specialist:**

Areas of Expertise:

**Allyson Ende, Psy.D.**

experience working with children, adolescents, and adults with behavioral/adjustment issues, depression and coping/anger management.

**Mental Health Specialist:**

Areas of Expertise:

**Lauri Doepke, MS, LPC, NCC**

Experience working with children, adolescents, and adults with life stressors, depression and anxiety issues

**Mental Health Specialist:**

Areas of Expertise:

**Rachel Semrow, MSE, LPC, SAS**

Counsels individual of varying ages and degrees of mental health needs. She has extensive experiences in working with adults and adolescents addressing their personal goals in therapy.

**Mental Health Specialist:** **Shannon Huff, E.d.S.**

Areas of Expertise: Experience in conducting psycho-educational evaluations and providing feedback recommendations to families as well as teachers. Only offers testing services.

**Mental Health Specialist:** **Stacy Luther, M.S.**

Areas of Expertise: Focus on Elementary Education. Only offers testing services.

**Mental Health Specialist:** **Tom Crockett, E.d.S.**

Areas of Expertise: Testing services only.

**Mental Health Specialist:** **Ashley Bolling, MS, LPC, SAC**

Areas of Expertise: experience working individually with children, age 5 through adult in an outpatient setting, treating multiple symptoms and concerns.

**Mental Health Specialist:** **Kathleen Alexander, M.S.**

Areas of Expertise: Only offers testing services.

**Mental Health Specialist:** **Kristen Brown, MSW, LCSW**

Areas of Expertise: Strength based, family centered, and solution focused therapy.

**Mental Health Specialist:** **Brian Weiland, Psy.D (owner)**

Areas of Expertise: Personality Disorders, relationship issues, anger, adjustment issues, low self-esteem, PTSD, Christian Counseling, OCD, Panic Disorder and Psychosomatic Complaints.

**Mental Health Specialist:** **Heather Meggers-Wright, Ph.D (owner)**

Areas of Expertise: Sex and Intimacy, anxiety and fear, weight and self-esteem. Depression and Bipolar Disorder.

**Mental Health Specialist:** **Melanie Strand, CSAC**

Areas of Expertise: Addiction, Impaired Professionals, phobia and anxiety.

**Mental Health Specialist:** **Judy Lemke, MS, LPC, LCSW**

Areas of Expertise: Experience in assisting individuals with co-occurring disorders, relationship issues, mood disorders, anxiety, depression, grief and loss, change of life.

**CENTER FOR HUMAN DEVELOPMENT [www.chdevelopment.org](http://www.chdevelopment.org)**

**Stevens Point Location:**

2417 Post Road, Stevens Point, WI 54481

Phone: (800) 236-3792

**Mental Health Specialist:**

Areas of Expertise:

**Stephanie Hamman, LPC**

Abuse, depression, divorce, grief, anxiety, spiritual concerns, eating disorders.

**Mental Health Specialist:**

Areas of Expertise:

**Michelle Rasmussen, LPC**

Trauma, sexual assault, violence, abuse, problem and step families.

**Wausau Location:**

631 Forest Street, Wausau, WI 54401

Phone: (800) 236-3792

**Mental Health Specialist:**

Areas of Expertise:

**Lee Webster, MSW**

Individuals, marriages, and families.

**Mental Health Specialist:**

Areas of Expertise:

**Barb Webster, MS**

EMDR and meditation, individuals, adults, couples, families, teens and young children.

**Mental Health Specialist:**

Areas of Expertise:

**Erin Morgan, LCSW**

Depression, anxiety, parenting and communication skills, abuse issues.

**Mental Health Specialist:**

Areas of Expertise:

**Suzanne Grim, LMFT**

Women, couples, families, mood disorders, ADD/ADHD, chemical issues, grief, abuse, and eating disorders.

**Mental Health Specialist:**

Areas of Expertise:

**David Tice, LPC**

Anger issues, anxiety, depression, conflict management, couples and marital concerns, crisis and intervention, men's issues, suicide and its effects on others.

**Mental Health Specialist:**

Areas of Expertise:

**Stephanie Hamann, BS, MA, NCC, LPC**

People who have experienced abuse, depression, divorce, grief, anxiety, spiritual concerns and eating disorders.

**Mental Health Specialist:**

Areas of Expertise:

**Betty Hinds, MA, PC**

Working with blended and adoptive families. Women's issues especially anxiety and depression.

**Mental Health Specialist:**

Areas of Expertise:

**Dan Buss, MSW, LCSW**

Marital and relationship problems, sexual/pornography addictions, Gambling addiction, mood disorders, anger management, delinquent Youth, abortion healing, communication problems and stress reduction

**Mental Health Specialist:**

Areas of Expertise:

**Kristen Vesbach, MS, ATR-L, BC, PC**

Anxiety, Depression, anger, grief and trauma. She also enjoys helping Parents find solutions to behavioral and social issues.

**Mental Health Specialist:**

Areas of Expertise:

**Corina Helgstad MA, PC**

Teenagers with self-esteem issues, cutting, suicide, depression, anxiety.

**Mental Health Specialist:**

Areas of Expertise:

**Tonia Backman BA, MSW, APSW**

Depression, anxiety, post-abortion, grief/loss

**Mental Health Specialist:**

Areas of Expertise:

**Gena Mckenzie, MS, LPC, CSAC**

Substance abuse, personality disorders, depression, and anxiety.

**Mental Health Specialist:**

Areas of Expertise:

**Nicholaus LaFonte, BS, MS, LPC**

Career and College Counseling, addiction, anxiety, depression.

## CENTRAL WISCONSIN COUNSELING ASSOCIATES

[www.cwcounselingassoc.com](http://www.cwcounselingassoc.com)

**Satellite Office:** 1216 Strongs Ave, Stevens Point, WI 54481

Phone: (715) 424-6960

**Main Office:** 320 West Grand Avenue, Suite 304A, Wisconsin Rapids, WI 54495

**Mental Health Specialist:**

Areas of Expertise:

**Roger Pagel, MSE, LCSW**

Wide variety of mental health issues.

**Mental Health Specialist:**

Areas of Expertise:

**Ann Soe, MSSW, LCSW**

Depression, couples, family systems, women's issues, ADHD, abuse issues, spirituality, health and wellness.

**Mental Health Specialist:**

Areas of Expertise:

**Jean Banks, Ph.D**

Children's disorders and couples, depression, anxiety, anger management, sexual abuse recovery for men and women, couples.

**Mental Health Specialist:**

Areas of Expertise:

**Molly McLaughlin, MSW, LMFT**

Couples, families and children of all ages, divorce and separation, crisis intervention, mood disorders, anxiety disorders, ADHD, grief and loss, abuse, personal growth/healing.

**Mental Health Specialist:**

Areas of Expertise:

**Jennifer Stoiber, BS**

Extensive experience as a mediator, administers psychological testing for the clinic.

**Mental Health Specialist:**

Areas of Expertise:

**Amy Gunderson, BS**

Business Manager for Central Wisconsin Counseling Associates.

**Mental Health Specialist:**

Areas of Expertise:

**Erin Johnson, M.A.**

Families and children, anxiety, compulsive disorders, stress management, crisis intervention, social skills development

## CHARIS COUNSELING

[www.chariscounselingwi.com](http://www.chariscounselingwi.com)

### Marshfield Office:

101 W. McMillan Street, Suite 2B, Marshfield, WI 54449

Phone: (715) 389-9382

Fax: (715) 848-8665

**Mental Health Specialists:**

**Georgia Wiese, MS, LPC**

**Carisa weber, MA, LPC, CSAC**

**Patrick Rohr, MA, LPC**

**Tricia A Cotrone, MA, LPC, NCC**

**Marsha Breeser, MS, LPC**

**Russ Schultz, MSW, LCSW**

### Wausau Office:

2620 W. Stewart Avenue, Suite 310 wausau, WI 54401

Phone: (715) 848-

0525

Fax: (715)848-8665

**Mental Health Specialists:**

**Krystal Holz, MA, LPC**  
**Carisa Weber, MA, LPC, CSAC**  
**Marsha Breeser, MS, LPC**  
**David Sliefert, MA, LPC**  
**Julie Nelson, MS, L**  
**Patrick Rohr, MA, LPC**  
**Rick Jass, MA, LPC**  
**Tricia A Cotrone, MA, LPC, NCC**  
**Georgia Wiese, MS, LPC**  
**David Pelo, PhD**  
**Russ Schultz, LCSW, SAS, MSW**

**CHILD AND ADOLESCENT PSYCHIATRY CONSULTING (CAPC)**

**Marshfield Location:**

M407 State Highway 97 Marshfield, WI 54449

Phone: 715-384-2818

Fax: (715) 384-2724

E-Mail: [office@drjenna.net](mailto:office@drjenna.net)

**Mental Health Specialist:** Dr Jenna  
See Horses Treat, LLC

**HORSES TREAT, LLC**

M407 State Highway 97, Marshfield, WI 54449

[www.horsetreat.com](http://www.horsetreat.com)

Phone: (715) 318-0047

Email: [courage.horsetreat@drjenna.com](mailto:courage.horsetreat@drjenna.com)

**Mental Health Specialist:** Jenna Saul, MD DFAACAP  
**Mental Health Specialist:** Kaleah Bautch, MSCMHC  
**Mental Health Specialist:** Alison Janz, LPC-IT, MSAT  
**Mental Health Specialist:** Kris Koplitz, LPC-IT  
**Mental Health Specialist:** Chelsea Scheithauer  
**Teacher:** Connor Tiggerus, LPC-IT, SAC-IT  
**Equine Specialist:** Troy Kuntz

**Wisconsin Rapids Location:**

3930 8<sup>th</sup> Street South, Suite 101 Wisconsin Rapids, WI 54494

Phone: (715)423-2030

Areas of Expertise: Child and Adolescent Psychiatry, Forensic Psychiatry, Telepsychiatry, Integrative and Holistic Psychiatry, Sports Psychiatry, Equine Assisted Psychotherapy, Positive Psychology

See Behrend Psychology Consultants

**BEHREND PSYCHOLOGY CONSULTANTS**

[www.behrendpsychology.com](http://www.behrendpsychology.com)

- Mental Health Specialist: Jenna Saul, MD DFAACAP
- Mental Health Specialist: Susan Casatt, Ph.D
- Mental Health Specialist: Linda Buchs-Hammonds, LCSW
- Mental Health Specialist: Kim Trickey, LPC
- Mental Health Specialist: Craig Rasmussen, MA, LCSW
- Mental Health Specialist: Becky Willard, LCWS, ACSW
- Mental Health Specialist: Jo Yenske, LPC, NCC
- Mental Health Specialist: Dr. Rodriguez, Ph.D

<p><b>CHILDREN’S HOSPITAL OF WISCONSIN COMMUNITY SERVICES</b>  <b>CHILD AND FAMILY COUNSELING- <a href="http://www.chw.org">www.chw.org</a></b></p>
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**Marshfield Location:**

601 S Central Avenue, Suite 200, Marshfield, WI 54449  
Fees: Sliding scale, Insurance, MA (United Way Agency)

Phone: (715) 387-2729  
Fax: 888- 485-4412

**Mental Health Specialist:**

Areas of Expertise:

**Jeff Ongna, MS, LPC**

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse, anxiety, depression, victimization, adjustments to a variety of life circumstances and healthy relationships such as anger management alternatives to domestic abuse. He helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or are disruptive in the community.

**Mental Health Specialist:**

**Lisa Kegler, MS, LPC**

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse and witness to domestic violence, anxiety, depression, victimization and adjustments to a variety of life circumstances. She has diverse experience in working with individuals, couples, families and groups.

**Stevens Point Location:**

1466 Water St. Suite 2 Stevens Point, WI 54481

Phone: (715)341-6672  
Fax: (715)341-8004

**Mental Health Specialist:**  
Areas of Expertise:

**Monica Hellweg, MAC, LPC, NCC**  
Works with children ages 3-18 in areas of social, academic, behavioral, emotional, and attention issues. Uses strength-based and positive psychology techniques.

**Mental Health Specialist:**  
Areas of Expertise:

**Stacey Salyers MSW, LCSW**  
Works with children, adolescents, and adults. Has a background of working with children in the welfare system, juvenile sex offenders, and LGBT. She also has experience with depression, anxiety, and PTSD. Helps patients in developing healthy relationships and coping skills to allow for emotional balance.

**Mental Health Specialist:**  
Areas of Expertise:

**Nicholas Schneider, MSE, LPC**  
Specializes in family therapy.

**Wisconsin Rapids Location:**

320 West Grand Ave. Suite 205 Wisconsin Rapids, WI 54495

Phone: (715)421-2730

**Wausau Location:**

705 S 24<sup>th</sup> Ave, Suite 400, Wausau, WI 54401

Phone: (715)848-1457

Fees: Sliding scale, Insurance, MA (United Way Agency)

**Mental Health Specialist:**  
Areas of Expertise:

**Susan O'Day, MS, LPC**  
Specializes in treating anxiety, reactions to trauma, depression, victimization, anger, domestic abuse and adjustments to a variety of life circumstances. She helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or the community.

**Mental Health Specialist:**  
Areas of Expertise:

**Lisa Harrenstein, LPC**  
Helps children, adolescents and adults and families heal their wounds and transform their lives for the better. She has experience working with survivors of abuse and trauma.

**COMPASS COUNSELING LLC**

[www.compasscounsels.com](http://www.compasscounsels.com)

**Stevens Point Location:**

1004 First Street, Suite 3, Stevens Point, WI. 54481

Phone: (715)544-1004

Fax: (715) 544-1005

**Mental Health Specialist:**

**Nicholas Starr, Psy. D., MAOB**

Areas of Expertise: Forensic Psychology, Men's Issues, Intimate Partner Violence, Trauma, Abuse, and Psychological Evaluations including Bariatric and Attention Deficit Disorder

**Mental Health Specialist:** **Karolee Bulak, NCC**  
Areas of Expertise: Anxiety, Depression, Trauma (Sexual and Physical Abuse), Positive Psychology, Energy Psychology, Grief and Loss, Self-Esteem Issues, Children and Adolescents' Behavioral Concerns, ADHD, Self Injurious Behaviors, Spirituality, AODA

**Mental Health Specialist:** **Elizabeth Kuhn, MD**

**Wausau Location:**

530 Grant Street., Wausau, WI, 54403

Phone: (715)845-5493

Fax: (715)848-5654

**Mental Health Specialist:** **Lynne Buechler, MS, LPC, LCSW, ICS, CSAC**  
Areas of Expertise: AODA Assessments and Treatment OWI Follow-up, Depression, Anxiety, Gambling.

**Mental Health Specialist:** **Mark Mixdorf, MS, LCSW**  
Areas of Expertise: Marriage Counseling, Depression, Anxiety and Obsessive Compulsive Disorders, ADHD, Family Conflict, Personality Disorders.

**Mental Health Specialist:** **Andy Cameron, PhD, LPC**  
Areas of Expertise: Behavioral Addictions (Gambling, Shopping, Internet Use), Depression and Mood Disorders, Anxiety and Phobias, Post-traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD) and OCD Spectrum Behaviors, Codependency, LGBT Issues, Alcohol and Drug Abuse Assessments and Treatment, Couples

**Mental Health Specialist:** **Amber Myska, LCSW**  
Areas of Expertise: Child and Adult Mental Health, Child Abuse and Neglect, Intrafamilial Sexual Abuse, Poverty, Domestic Violence, Juvenile Corrections, Children Long Term Disabilities, and Rehabilitative Services. She works with children, adolescents, adult, and families.

**Mental Health Specialist:** **Whitney Crochiere, MA**  
Areas of Expertise: Whitney holds a Master's degree in Mental Health Community Counseling and a Bachelor's degree in Psychology. She works primarily with adolescents, adults, couples, and families. She has had experience working at a community clinic, corrections-based setting, and substance abuse clinic.

**Mental Health Specialist:** **Mark Becker, LCSW**

Areas of Expertise: Trauma/PTSD, Relationship Issues, Anxiety, Depression, Alcohol and Drug Abuse Issues, Behavioral Addictions, Anger, Self-Empowerment

**Mental Health Specialist:** **Liz Unrath, LPC, PhD**  
Areas of Expertise: Anxiety, Depression, PTSD, OCD, anger management, Greif Loss Reaction.

**Wisconsin Rapids Location:**

2503 8<sup>TH</sup> St., Wisconsin Rapids, WI. 54494

Phone: 715-712-1523

**Mental Health Specialist:** **Julie Edmondson**  
Areas of Expertise: Areas of specialization: dual disorders, anxiety, depression, AODA assessments and treatment as well as court ordered evaluations, driver safety plans, co dependency, chronic pain, grief and loss issues and trauma.

**Mental Health Specialist:** **Kimberly Trickey, LPC**  
Areas of Expertise: Individuals, couples, family and group therapy for a wide range of concerns.

**Mental Health Specialist:** **Elizabeth Kuhn, MSW, LCSW, BST**  
Areas of Expertise: Anxiety, Depression, ADHD, Anger Management, Trauma, PTSD, Divorce, Blended families, Abuse/Neglect, Christian Counseling, Hoarding, Relationship Difficulties, Behavioral Issues in Children and Adolescents

**Mental Health Specialist:** **Lori A. Kroening, APSW, CSAC**  
Dual Diagnosis Disorders,  
Court Ordered Treatment  
Substance Abuse Recovery & Maintenance  
Anxiety & Depression  
Obsessions & Compulsions  
Adjustment Disorders  
Co-Dependence  
Stages of Change Approach  
Individual, Group, and Family Therapy

**Mental Health Specialist:** **Samantha Casey LSW, LPC-IT**  
Individual and Group counseling for children and teens.

**Mental Health Specialist:** **Rick Vela, MSW/LCSW**  
Emotional regulation (anger, anxiety), depression, self-esteem building, sexual abuse, Domestic Violence/Intimate Partner Violence prevention, PTSD, grief and loss, guilt/shame and shame-based problems, assertiveness building, marital issues and relationship building skills.

**CLINICAL AND FORENSIC SERVICES**  
**[www.clinicalserviceswi.com](http://www.clinicalserviceswi.com)**

420 1<sup>st</sup> Ave. S, Wisconsin Rapids, WI. 54495  
PO Box 1535, Wisconsin Rapids, WI 54495

Phone: (715) 424-3400  
Fax: (715) 424-3441  
Email: [clinicalservices@solarus.net](mailto:clinicalservices@solarus.net)

**Mental Health Specialists:**

**Michael Jan Nelson, PhD, FACFP**

Forensic psychologist. Performs evaluations for attorneys and the court in criminal and civil matters. Other interests include treatment of depression and marital conflict, assessment of ADD/ADHD, personality learning, cognition and other psychological concerns.

**Michael Surendonk, MSSW, ICSW**

Couples, families, and individuals. Stress and anger management, alcohol abuse within the family, emotional and behavioral problems of children, parent/child conflict.

**Dan Horgan, MSW, ICSW**

Children and adolescents with behavioral and emotional problems, adults and children diagnosed with ADD. Military veterans with issues of family conflict, trauma, and posttraumatic stress.

**DIX AND GILLETTE COUNSELING SERVICES**

1720 Merrill Avenue, Wausau, WI 54401

Phone: (715) 675-3888

**Mental Health Specialist:**  
**Mental Health Specialist:**

**Michael P. Dix, MSMFT, CSAC**  
**Patti Gillette, MA**

**ENSO COUNSELING, LLC**

N2919 County Hwy QQ, Waupaca, WI 54981

Phone: (715) 256-7641

**Mental Health Specialist:**  
Areas of Expertise:

**Elissa Stults, LMFT**

Adults, couples, families, children and teens. Accepts Blue Cross, blue Shield, Humana, and Medicaid. Sees United Behavioral Health patients as well.

**EVANS COUNSELING**

2714 Stewart Avenue, Wausau, WI 54401

Phone: (715) 849-3988

**Mental Health Specialist:**

**Dr. Kelly Evans**

## **ELMERGREEN ASSOCIATES, INC.**

**www.elmergreen.com**

114 Grand Avenue, Wausau, WI 54403

Phone: (715) 845-7175

### **Mental Health Specialist:**

**Dennis Elmergreen, PsyD**  
**Kandace Elmergreen, LCSW**  
**Doug Cybela, PhD**  
**Kathleen George-Bol, LPC, MS**  
**Sue Ellyn Wisnewski, MSSW, APSW**  
**Tim Koller, LPC, MS, NCC, CFC**  
**Robert Fox, MS, CADC**  
**Courtney Derus, MA**  
**Julie M. Gruenwald, M.S., LPC**  
**Sandy Grass, M.S. CSAC, LPC**  
**David Derus, MA**  
**Donna Jasinski, LPC**

## **HERGERT AND GAZIANO FAMILY COUNSELING**

### **Marshfield Location:**

252 South Central Ave Suite 21, Marshfield, WI 54449

Phone: (715) 384-7579

### **Mental Health Specialist:**

Areas of Expertise:

**Dan Frye, LMFT**

Depression, anxiety, relational issues, parenting.

### **Mental Health Specialist:**

**Lisa Hergert, LPC**

### **Mental Health Specialist:**

**Jerry Olson, CSAC**

[birdog52@charter.net](mailto:birdog52@charter.net)

Areas of Expertise:

Alcohol and drug abuse counseling.

## **MARATHON RESIDENTIAL & COUNSELING SERVICES**

1611 North Seventh Street, Wausau, WI 54403

Phone: (715) 848-0011

### **Mental Health Specialist:**

**Justin Stangl**

## **MARRIAGE AND FAMILY HEALTH SERVICES LTD**

[www.marriageandfamilyhealthservices.com](http://www.marriageandfamilyhealthservices.com)

501 S. Cherry Ave, Marshfield, WI 54449

Phone: (715) 486-8032

Fax: (715) 486-9253

**Mental Health Specialist:**

Areas of Expertise:

**Tiffany Kula, MS**

Individual, couples, and family therapy for children, adolescents, and their families specializing in behavior management, trauma, and abuse.

**Mental Health Specialist:**

Areas of Expertise:

**Danielle Capelle, MA, LPC**

Individual, couples, and family therapy for children, adolescents/teens and adults. She specializes in depression, anxiety, and trauma. Danielle is experienced with children and adolescents with behavioral issues and those who have experienced trauma and/or abuse.

**Mental Health Specialist:**

Areas of Expertise:

**Tammy Stargardt, PhD, LPC**

Individual, couples, and family therapy for children, adolescents/teens and adults. She specializes in depression, anxiety, trauma, attachment issues, and childhood disorders. Tammy is experienced with children and adolescents with behavioral issues or those who have experienced trauma and/or abuse.

**Mikan Program:**  
**(12-18 year-olds)**

The Mikan Therapeutic Day Treatment is a state certified intensive program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group, and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Mikan provides client specific services addressing affect regulation, conscience development, relationship skills, solution finding, family dynamics, trauma/neglect survival skills, trauma reprocessing decision-making, social skills development, and alcohol and drug needs.

**Program Coordinators: Victor Michalek, BA; Tammy Stargardt, MS, PhD Intern**

**Migisi Program:**  
**(5-11 year olds)**

The Migisi Therapeutic Day Treatment is a state certified program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Migisi provides client specific services addressing emotional regulation, social skills, problem solving, family dynamics,

healing from trauma/neglect, relationship depth skills and accountability.

**Program Coordinator: Elise Reding, MSW**

**MIDWISCONSIN PSYCHOTHERAPY ASSOCIATES**  
**www.midwisconsinpsychotherapy.com**

100 Bremmer Street, Stevens Point, WI 54481

Phone: (715) 344-2016

Fax: (715) 344- 1715

**Mental Health Specialist:**

Areas of Expertise:

**Linda Leindecker, ACSW**

All types of counseling, especially children.

**MINISTRY BEHAVIORAL HEALTH**

**Stevens Point Location:**

209 Prentice Street N, Stevens Point, WI 54481

Phone: (715) 344-4611

Mental Health Unit: (715) 346-5645

**Mental Health Specialist:**

Areas of Expertise:

**Julie Hintzman, MSW, APSW, SAC, NCGC II**

Works with people with mental health issues, along with chemical and gambling addiction. She specializes in the area of domestic violence, working with survivors and offenders. She also offers Christian counseling.

**Mental Health Specialist:**

Areas of Expertise:

**Dr. Ron Matthews, Ph.D**

Can help people with mental health and substance abuse issues. provides marriage and family counseling. Has specialized training in assessing and treating people who have survived trauma. He has extensive training in conducting forensic evaluations for the justice system.

**Mental Health Specialist:**

**Sarah Foss, MS, LPC, CSAC**

Areas of Expertise: Helps patients struggling with alcohol and drug abuse, depression, and anxiety issues. She works with individual, couples and families to address relational concerns.

**Behavioral Health Specialist:**  
**Elissa Stults, LMFT**

**Waupaca Location:**  
190 Grand Seasons Drive Waupaca, WI 54981 Phone: (715) 258-8459

**Mental Health Specialist:** **Teresa Taylor, MSE, LPC, CSAC, ICS**  
Area of Expertise: Specializes in helping people improve their communication skills by using direct honesty. She can help people develop effective coping skills.

## **MINISTRY MEDICAL GROUP (MMG) PSYCHIATRY**

3398 E. Maria Drive, Stevens Point, WI 54481 Phone: (715) 341-7441

**Mental Health Specialist:** **Ed Buda, Ph.D**  
Areas of Expertise: Outpatient, individual, group, and family psychotherapy, behavior modification, children, adolescents and their families, psychological/intellectual/neurodevelopmental assessments, testing of patients ages 5+, neuro-feedback for ADHD and anxiety disorders

**Mental Health Specialist:** **Jay Cleve, Ph.D**  
Areas of Expertise: Adults, marital and couple, individual and group therapy, depression, personal and job stress, anxiety, grief and loss, codependency, and adult/children from dysfunctional and alcoholic families.

**Mental Health Specialist:** **Audrey Kast, Ph.D**  
Areas of Expertise: Child Psychologist. She utilizes play therapy to evaluate behavioral problems, attention deficit hyperactivity disorder and autism spectrum disorders.

**Mental Health Specialist:** **Pam Beyer, PsyD**  
Areas of Expertise: Children and adolescent issues, individual, group and family psychotherapy, psychological and intellectual assessments, testing of patients ages 5+.

**Mental Health Specialist:** **Deb Spranger, MS**  
Areas of Expertise: Solution-focused approach, mood/behavioral disorders, attention deficits, abuse issues, grief/loss and relationship issues, children of all ages, including adolescents.

**Mental Health Specialist:** **Terry Kaddatz, PsyD**  
Areas of Expertise: Adolescents, adults, and families, individual, couple, family and group therapy, intellectual and psychological assessments, testing for patients from adolescents through adulthood, bariatric patients.

**Mental Health Specialist:** **Victoria Weller, MS**  
Areas of Expertise: Children and adolescents, parent training and stress reduction groups, interpersonal relationship difficulties, depression, sexual abuse issues,

trauma and anxiety disorders, emphasis on cognitive-behavioral interventions.

**Mental Health Specialist:**

Areas of Expertise:

**Jacqueline Bienek, Ph.D**

Adults with emphasis on cognitive-behavioral and insight oriented modalities, psychotic disorders, mood disorders, substance abuse disorders, personality disorders.

**Mental Health Specialist:**

Areas of Expertise:

**Cheryl Holmes, DCSW**

Individuals, couples, families and groups, phobias, anxieties, eating disorders, incest survivors, sexual dysfunction, stress management, depression, dysfunctional families, groups parenting skills, phobias, self-image for women, incest and sexual abuse, eating disorders and communication skills for couples, eclectic approach, variety of techniques, process therapy and education.

**Mental Health Specialist:**

Areas of Expertise:

**Lisa Huber, PsyD**

Psychological testing, individual psychotherapy for adolescents and adults, couples and family psychotherapy, mood and anxiety disorders, OCD, panic disorders, emphasis on cognitive-behavioral therapy, sexual trauma/abuse, interpersonal difficulties and transitional issues of both adolescence and adulthood.

**Mental Health Specialist:**

Areas of Expertise:

**Julie Schneider, MS, LPC**

Specializes in therapy with children and adolescents. She provides therapy for behavioral problems, anxiety, depression, oppositional defiant disorder, interpersonal relationship struggles and transitional concerns.

**Mental Health Specialist:**

Areas of Expertise:

**Laura Karcher, MS**

Experience working with children, adolescents and their family. working with anxiety, depression, behavioral concerns, stress and relationship issues.

**Mental Health Specialist:**

Areas of Expertise:

**Jeffrey Willems, Ph. D**

Provides individual psychotherapy to adults presenting with a variety of mental health concerns. He specializes in the treating anxiety disorders, with and emphasis in cognitive-behavioral therapy. He has experience in empirically-based interventions for the treatment of PTSD.

**NEW DIRECTIONS COUNSELING CENTER**

[www.newdirectionscc.com](http://www.newdirectionscc.com)

**Stevens Point Location:**

5541 Highway 10 East Suite B, Stevens Point, WI 54482

Phone: (715) 345-9690

Fax: (715) 345- 2938

Email: [staff@newdirectionscc.com](mailto:staff@newdirectionscc.com)

**Mental Health Specialist:**

Areas of Expertise:

**Diane Dickinson, MA, LCSW, LPC**

In addition to traditional psychotherapy techniques, Diane offers progressive techniques such as EMDR (for trauma recovery),

bioresonance (an advanced form of biofeedback) past life regression therapy, and several other energy techniques that incorporate healing for the body and spirit as well as the mind and emotions.

**Mental Health Specialist:**

Areas of Expertise:

**Tim Koller, LPC, MS, NCC, CFC**

Parenting, blended families, ADHD, anger/temper management, school problems, depression and anxiety and marital problems are just a few of the many areas of his practice. Professionals who may be suffering from stress problems are welcomed. Tim has an extensive background working with adolescent and adult sex offenders and as a Certified Forensic Counselor he is well versed in these evaluations and assessments.

**Mental Health Specialist:**

Areas of Expertise:

**Peggy Greco, MS, MSE, LPC, NCC, Certified Dementia Specialist**

Children, adolescents, adults, couples, elderly and caregivers. Memory testing, cognitive/behavioral therapy, and brief solution focused therapy. Adjustment and mood disorders, social and school performance difficulties, self-esteem, and caregiver guidance/support.

**Mental Health Specialist:**

Areas of Expertise:

**Anna Syke, MS, ED, LPC**

Works with adolescents, adults and couples, specializing in holistic and alternative therapies, EMDR, hypnosis, anxiety, phobias, mood disorders, PTSD, trauma, anger and stress management, grief and self-esteem, relationship issues.

**Mental Health Specialist:**

Areas of Expertise:

**Kiersten Carley, MA, LPC**

School aged children and teens, foster families

**Mental Health Specialist:**

Areas of Expertise:

**Kelsey Link, MA, LMFT**

Couples, families

**Waupaca Location:**

N2919 County Road QQ Waupaca, WI 54981

Phone: (715)345-9690

Fax: (715)345-2938

**NORTH CENTRAL HEALTH CARE**

**[www.norcen.org](http://www.norcen.org)**

1100 Lake View Drive, Wausau, WI 54403

Phone: (715) 848-4600

Areas of Expertise: Family counseling, child and adolescent, mental health services, crisis counseling, AODA services.

**NORTHWEST JOURNEY –**

**[www.nwcgc.com](http://www.nwcgc.com)**

**Stevens Point Location:**

525 4<sup>th</sup> Avenue, Stevens Point, WI 54481

Phone: (715) 342-8065

Fax: (715)342-8073

Email: nwjstevenspoint@nwcgc.com

**Mental Health Specialist:**

**Laura Kowalski**, Program Coordinator

**Mental Health Specialist:**

**Danielle Behrens**, Clinical Mental Health Coordinator

Areas of Expertise:

Day treatment for school age children.

**Wausau Location:**

5655 N. 28<sup>th</sup> Ave Wausau, WI 54401

Phone: (715)675-5454

Fax: (715)675-0545

Email: NWJWausau@nwcgc.com

**Program Coordinator:**

**Amy Marthaler**

**Mental Health Specialists:**

**Mindy Schuette & Jovid Schuette**

At youth risk

**WISCONSIN RAPIDS**

110 24<sup>th</sup> S. Street, Wisconsin Rapids, WI 54495

Phone: (715) 424-5040

Fax: (715) 424-5720

Email: NWJWiRapids@nwcgc.com

**Program Coordinator:**

**Laura Dockett**

**Mental Health Specialists:**

**Katie Wilson**

Areas of Expertise:

At-Risk Youth

**OSWALD COUNSELING ASSOCIATES**

[www.oswaldcounselingassociates.com](http://www.oswaldcounselingassociates.com)

2450 Vineyard Drive, Plover, WI 54467

Phone: (715) 342-0290

**Mental Health Specialist:**

**Lynne Oswald, MS, LCSW, LPC, CSAC**

Areas of Expertise:

Works with all ages over 5 years old, clinical substance abuse, recovery and anxiety, play therapy, depression, anxiety and relationship therapy.

**Mental Health Specialist:**

**Christina Schreiner, MA, LPC, CSAC**

Areas of Expertise:

Full spectrum of mental health and substance abuse, children 13 years and older, depression, anxiety and relationship therapy for couples and families.

**Mental Health Specialist:**

**Daniel, Derezinski, MS, LPC, CSAC**

Areas of Expertise:

Works with full spectrum of mental health disorders and all forms of substance abuse, has extensive experience also working with individuals with developmental disabilities, department of correction referrals, OWI referrals, and individuals from various racial, ethnic, and religious backgrounds.

**Mental Health Specialist:**

Areas of Expertise:

**Deborah Furgason, MA, LPC**

Full spectrum mental health and substance abuse, developmental department of corrections referrals, and individuals from various racial, ethnic and religious backgrounds.

**Mental Health Specialist:**

Areas of Expertise:

**Linda Kedrowski, MS, NCC**

Works with all ages. Life balance.

**PEACEFUL SOLUTIONS COUNSELING**

**[www.peacefulsolutions.org](http://www.peacefulsolutions.org)**

741 North 1<sup>st</sup> Street, Wausau, WI 54403

Phone: (715)-842-3346

**Mental Health Specialist:**

Areas of Expertise:

**Jacklynn Brock, M.S., L.M.F.T.**

Marriage and family therapist.

**Mental Health Specialist:**

Areas of Expertise:

**Shawne Judnic, MS, LPC**

Individuals, couples, groups, and family therapy to address a wide variety of issues including: childhood sexual abuse, anxiety, depression, ADHD, Post Traumatic Stress disorder, LGBT struggles, child behavioral problems, parenting issues, grief and loss, and other

**Mental Health Specialist:**

Areas of Expertise:

**Lizzie Kriwald, MS, LPC, SAC**

Alcohol/drug abuse, families struggling with addiction related issues, women's emotional health.

**Mental Health Specialist:**

Areas of Expertise:

**Erinn Nelson, MS, LPC**

anxiety, depression, relationship issues, parenting concerns, abuse and other trauma.

**Mental Health Specialist:**

Areas of Expertise:

**Curtis Mallow, SAC**

People transitioning out of corrections.

**Mental Health Specialist:**

Area of Expertise:

**Jolene Nowak, MS, LPC**

Individual, Couples and family therapy to address issues including: childhood sexual abuse, anxiety, depression, ADHD, physical abuse, PTSD, child behavioral problems, parenting issues, grief, divorce and other mental health concerns.

**Mental Health Specialist:**

Area of Expertise:

**Deb Piskoty MA, L.M.F.T, C.S.A.C, I.C.S**

13 years experience treating substance abuse issues and trauma. Also has experience working with adolescents.

**Mental Health Specialist:**

**Marjorie Debevec-Marksteiner, MS, LPC**

Area of Expertise: Eating disorders, age 9 and older, ADHD, grief loss and trauma.

**Mental Health Specialist: Steven Korzinek**

**Mental Health Specialist: Shannon Cole—Cameron, MSW, LCSW**  
Areas of Expertise: Specialty in substance abuse.

**Mental Health Specialist: Jon Mayer, M.S, L.P.C**  
Areas of Expertise: Works with all ages focuses on solution therapies.

**Mental Health Specialist: Melanie Strand, MS, CSAC**  
Areas of Expertise: Adjustment disorder, PTSD, Depression, Anxiety

**PROFESSIONAL SERVICES GROUP: (must be referred to by Social Services)**

817 Whiting Avenue, Stevens Point, WI 54481  
Areas of Expertise: At-risk youth.

Phone: (715) 345-5350

**PORTAGE COUNTY HEALTH AND HUMAN SERVICES  
PSYCHOLOGICAL SERVICES**

**RUTH GILFREY CENTER**  
817 Whiting Avenue, Stevens Point, WI 54481

Phone: (715) 345-5350  
przybelr@co.portage.wi.us

**Mental Health Specialist: Maureen Leahy, MD**  
Areas of Expertise: Adult psychiatry

**Mental Health Specialist: Dr. Opaney**

**Rain Tree Wellness Counseling**

N3983 Nichols Creek Rd. Waupaca, WI 54981

Phone: (715) 256-9030

Raintree Wellness Counseling offers individualized outpatient substance abuse/addiction treatment to families and business professionals. We focus on the emotional, physical and spiritual needs of each individual incorporating individualized relapse prevention planning. The combination of these tools delivers a powerful preventive mechanism for the perils of recidivism and relapse

**THEDACARE BEHAVIORAL HEALTH**

902 Riverside Dr. Waupaca, WI 54981

Phone: (715)256-1475

**Mental Health Specialist: Melissa Habech**

**Mental Health Specialist:** Inez Trantow  
**Mental Health Specialist:** Michelle Hastings  
**Psychiatrist:** Dr. Yong Li

**RIVERWOOD COUNSELING ASSOCIATES**  
**www.riverwoodcounseling.org**

1052 Main Street Suite 202, Stevens Point, WI 54481

Phone: (715) 343-5256

Email: riverwood\_counseling@hotmail.com

**Mental Health Specialist:**

Areas of Expertise:

**Robert Miller, MA, LPC, SAC, Director**

unresolved trauma and substance abuse with at-risk adolescents, adults, couples and families

**Mental Health Specialist:**

Areas of Expertise:

**Jeana Magyar-Moe, Ph.D**

Works primarily with adults who desire assistance with depression, anxiety, grieving and stress-management.

**Mental Health Specialist:**

Areas of Expertise:

**Harry Deets, MSW, LCSW**

Marriage and family therapy, grief depression, men's issues, parent-teen conflict, blended family, and faith issues. Depression, anxiety, grieving, stress-management, relationship issues, adjustment to life changes or transitions, self-esteem issues, career counseling, sport psychology, psychological testing and assessment, and behavior modification.

**Mental Health Specialist:**

Areas of Expertise:

**Cathryn Laszinski, LCSW, MSSW, CSAC**

Couple and relationship issues, depression, anxiety, life transition, grief, anger management, conflict resolution, substance abuse, and many other mental health issues.

**Mental Health Specialist:**

Areas of Expertise:

**Dennis Elsenrath, Psychologist**

Anxiety, Panic Disorders, behavioral modification, couples and family Therapy, depressive disorders, grief/loss and stress management.

**ST. MICHAEL'S HOSPITAL IN-PATIENT TREATMENT**

900 Illinois Avenue, Stevens Point, WI 54481

Phone: (715) 346-5645

Email: Laurie.Roberts@ministryhealth.org

**Mental Health Specialist:**

**Laurie Roberts, Mental Health Director**

**ST. VINCENT DE PAUL: OUTREACH CENTER**

149 N. Central, Marshfield, WI 54449

Phone: (715) 387-0395

**Mental Health Specialist:**                    **Richard W. Pike, MSW** (Tuesdays only)

**WISE MIND MENTAL HEALTH CLINIC LLC**

601 E. 3<sup>rd</sup> St., Marshfield WI. 54449

Phone: 715-384-0080

**Mental Health Specialist**

Areas of Expertise:

**Patricia K. Faber, MSW, LCSW**

Anxiety, Depression, Trauma, Grief, Adjustment, Relationship Issues, Marriage Counseling/Couples Therapy Mood and Anxiety Problems – Pregnancy and Postpartum , Mood and Anxiety disorders, Emotion Dysregulation.

**Mental Health Specialist:**

Areas of Expertise:

**Tracy L. Olson, MSW, LCSW**

Knowledge of dialectical behavioral therapy. Has expertise with children ages five and up, teens, adults, couples, families, and groups

**KATHERINE HAMILTON WRIGHT, PhD**

3600 Stewart Avenue, Suite B, Wausau, WI 54401

**www.kwrightphd.com**

Phone: (715) 845-6949

**CONNIE O’HERON, PhD**

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

Phone: (715) 843-0803

**Mental Health Specialist:**

**Connie O’Heron, PhD, Clinical and Consulting Psychologist**

**SHANNON SCHAEFER, PhD**

2620 Stewart Avenue, Suite 318, Wausau, Wi 54401

**www.drshannon.net**

Phone: (715) 842-9500

**STEPPING STONES COUNSELING CENTER, LLC** **www.SteppingStonesCounselingCenter.org**

219 Ross Avenue Suite 101, Schofield, WI 54476

Phone: (715) 355-4999/Fax: (715) 355-5999

Email: DianeLLondon@aol.com

**Mental Health Specialist:**

Areas of Expertise:

**Diane L. London, MSMFT, LPC**

Works with children, adolescents and adults, including individuals, couples and families, enjoys working with a variety of issues including blended family issues, divorce adjustment, co-parenting issues, specialized training in EMDR (Eye Movement Desensitization and

Reprocessing), MFLC (Military Family Life Consultant), sex therapy, AODA issues.