

**AHS PARENT CONNECTION - KEEPING YOU INFORMED**  
**December 10, 2021**



**Mission:** *To inspire excellence and personal growth grounded in Catholic principles and tradition*

**Vision:** *A community of academic excellence, Catholic in spirit and culture, nurturing integrity and respect.*

**CALENDAR UPDATES:**

- Dec. 20:** GBB @ Loyal  
**Dec. 21:** BBB @ Auburndale  
Girls Hockey @ Waupaca  
**Dec. 22:** Golden Mass 1:00 pm  
All invited to celebrate Mass as an Assumption Family.  
**Dec. 23—Jan.2nd :** Christmas Break  
**Jan.2:** Back to school  
*\*Music Families: Remember to check the Concession Schedule for Home games\**

**Gracie's Family Restarurant**  
**Grace's Family Restaurant will provide a free Christmas Dinner (Turkey, Ham, mashed potatoes/gravy, and vegetable) from 2:00-5:00 on Christmas Day (12/25) Families call the restaurant and give them their name and time of pickup. 715-424-2442. Staff will deliver the dinner out to their car.**

**Student Life at AHS**

Mrs. Baker's Healthy Living class was able to perform an experiment on "Hidden Fats" in foods. Among the foods were: potato chips, milk chocolate, a carrot, skim milk, apple juice and ground beef. The students placed small portions of the listed food items on a 3x3 square paper bag. After the food sat for a few minutes they began to see what was being left behind on the paper bag squares. Those foods that were high in fat, had left traces of oils compared to the more healthier choices. Overall, a fun and "eye-opening" experience.



**Pictured:**  
Tarren Hoffman  
Aaron Livernash  
Parker Gehrke  
Ava Lerch  
Alexis Meza  
Kloey Daliege  
Ava Goodness  
Connor Peters  
Learning to eat Healthy.

**PLEASE JOIN US:**  
**Wednesday, December 22 @ 1pm**  
**GOLDEN MASS**  
**A great opportunity to pray together as our Assumption family**



**Prayer for Families**

Loving God,  
During this holy season of Christmas, we ask for your blessing on all families.  
Let Mary's openness to your wondrous ways be an inspiration to place all trust in you.  
Let Joseph's courage provide hope during times of anxiety and uncertainty.  
Let Jesus' life ignite all families with a spirit of light and love.  
May the grace that encircled the Holy Family widen to embrace all families.  
For this we pray.  
Amen.

