



Mother Teresa Humility List

- 1) Speak as little as possible about yourself.
- 2) Keep busy with your own affairs, not those of others.
- 3) Avoid curiosity.
- 4) Do not interfere in the affairs of others.
- 5) Accept small irritations with good humor.
- 6) Do not dwell on the faults of others.
- 7) Accept censures even if unmerited.
- 8) Give in to the will of others.
- 9) Accept insults and injuries.
- 10) Accept contempt, being forgotten and disregarded.
- 11) Be courteous and delicate even when provoked.
- 12) Do not seek to be admired or loved.
- 13) Do not protect yourself behind your own dignity.
- 14) Give in, in discussions, even when you are right.
- 15) Choose always the more difficult task.



VS.