



VIRTUE=STRENGTH.™



HONESTY

“TELL THE TRUTH.”



**VIRTUE=STRENGTH.**

**HONESTY**

## DEFINITION

This week our strength building on the virtue of  
**TEMPERANCE** is **HONESTY**.

**The strength to tell the truth  
even when it would be easier to lie.**

- Telling the truth
- Not cheating on exams
- Complimenting others and not sharing their faults
- Explaining things as they are
- Being a person of your word
- Being loyal to God, the Catholic Faith, your family and friends
- Not blaming others
- Not putting up a facade or show to hide yourself

# VIRTUE=STRENGTH.™

## HOW TO STRENGTHEN

How do you develop the virtue of honesty if you've been lacking in it?

The only way to become honest is by being honest.

Start with yourself; admit your faults.

Then be honest with God; admit your absolute need for Him.

Then be honest with others; actively look for opportunities to tell the truth in situations when it goes against your own interests or when you'd normally lie.

HONESTY



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HONESTY

## RESOLUTION

Being a person of your word is an excellent strength.

When you say you are going to do something, you do it.

In this way, you are a person that can be relied on, just like this loyal doggie or like the reliable train arriving on time on the previous slide.

Can you think of a time when you said you would do something and you didn't?



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HONESTY

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VIDEOS IN GOOGLE SLIDES](#)

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TEACHER & STUDENT VIDEO  
WORKSHEETS](#)



### SAINT STORY

#### ST. JOAN OF ARC

1412-1431 + May 30

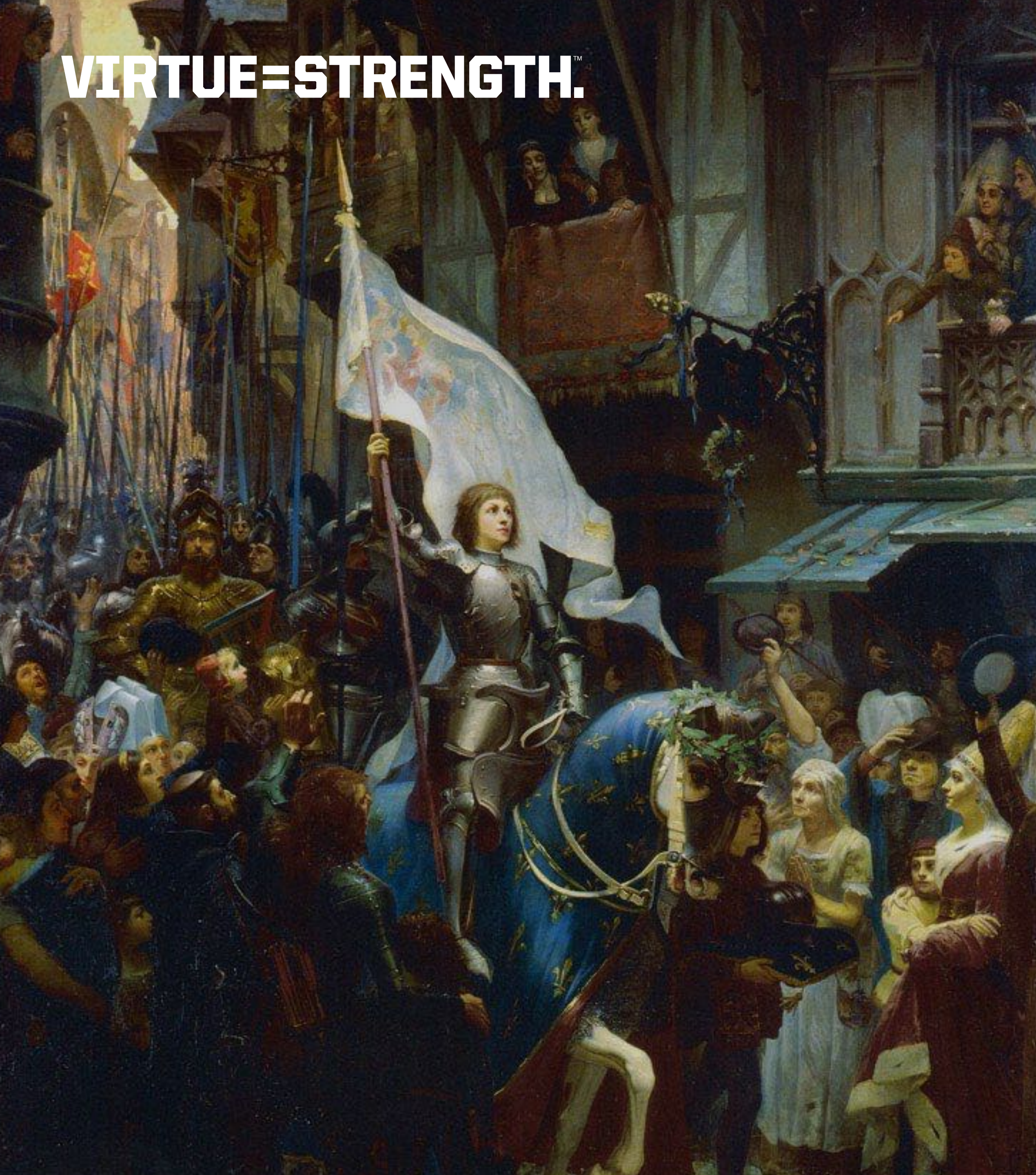
In May of 1429, a young woman clad in white armor rode her horse onto the battlefield at Orleans. Behind her marched hundreds of French soldiers. Following her battle cry, they defeated the English and won great victories for France during the Hundred Years' War.

Jeanne d'Arc was only 17 years old when she won that battle. She fought to bring peace to her country. For nearly 100 years, the French and the English had been fighting. The French farmers and their families suffered greatly. English soldiers burned their fields and crops, and many people died of hunger.

Jeanne, or Joan as she is best known outside of France, had been born to one of these poor farm families in 1412. At the age of 13, she began hearing the voices of Sts. Michael, Catherine, and Margaret. They encouraged her to help the French farmers.

So at age 16, Joan left the farm and went to the palace of the French prince. She asked to lead his army. After she won the battle of Orleans, Joan led her soldiers to other victories. She was wounded several times. She was eventually captured by the enemy, and the English then purchased her as a prisoner and put her on trial.

The English found Joan guilty of lying about the voices she heard. On May 30, 1431, they burned Joan to death. She was only 19 years old. But 25 years later, the Church found her innocent of all crime. In 1920, the Church said that she was a true saint who had fought for what she believed. She is sometimes called the "Maid of Orleans" and is the patron saint of France.

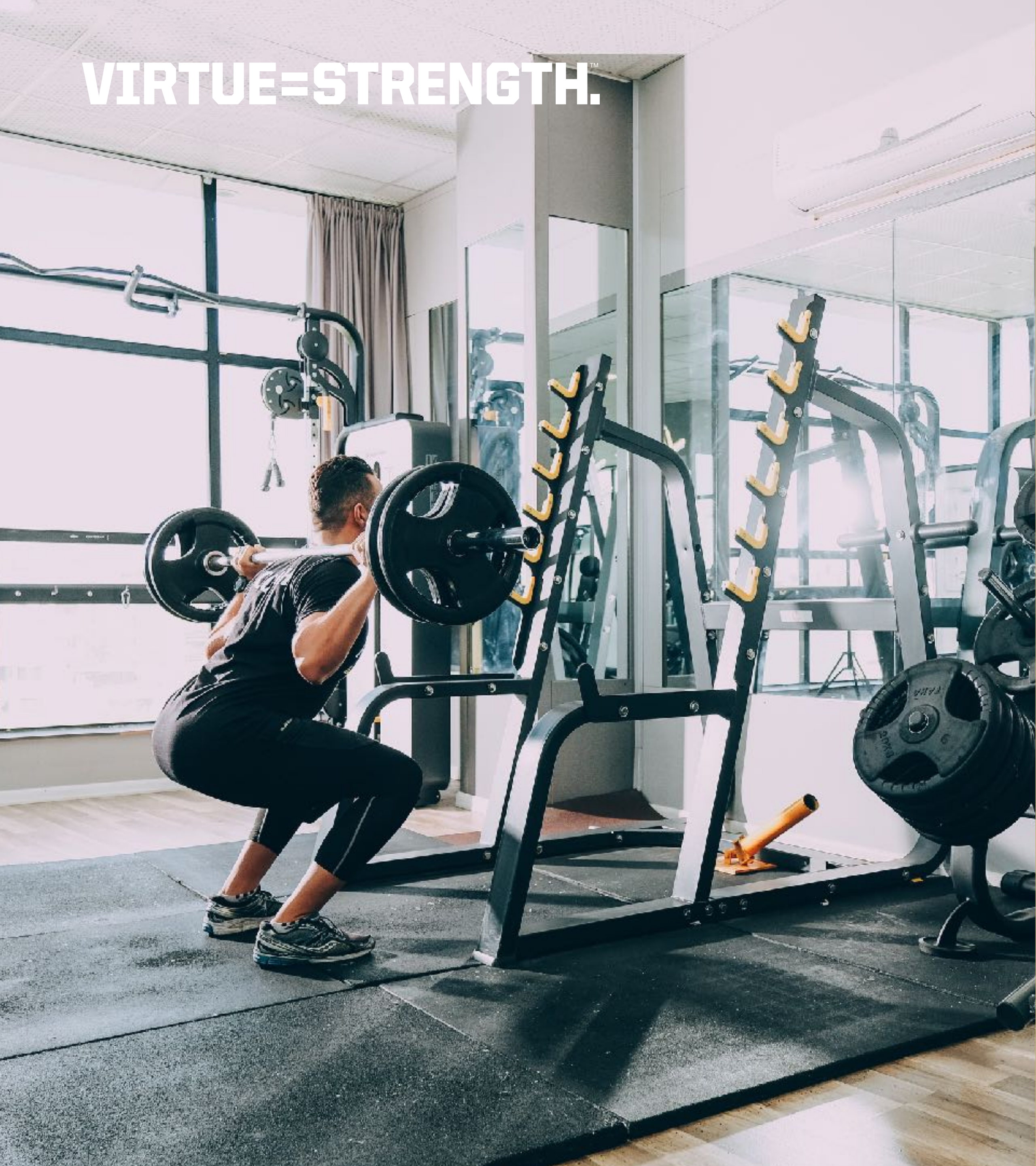


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*“Those who fear God are the furthest from telling lies because they have their conscience as an honest judge.”*

*- St. John Climacus*



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*“Close your ears to the whisperings of hell and  
bravely oppose its onslaughts.”*

*St. Clare of Assisi*



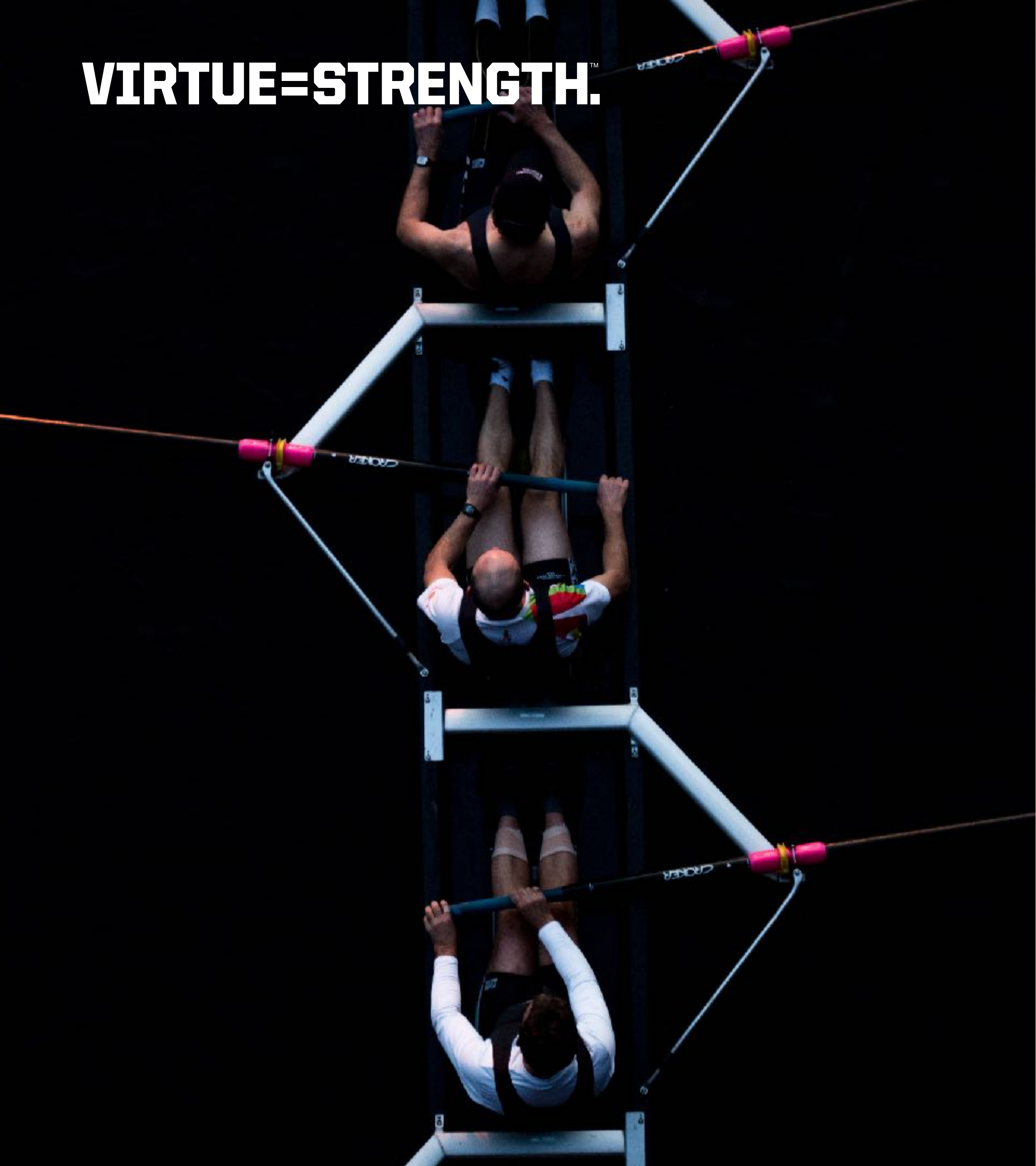


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*“A good man is not a perfect man; a good man is an honest man, faithful and unhesitatingly responsive to the voice of God in his life.”*

*- St. John Fisher*





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**DISHONESTY**

**“LYING, CHEATING OR STEALING.”**

**VIRTUE=STRENGTH.**

**VICE**

**FAKE**

Have you ever had the experience of thinking something was real but turned out to be fake?

Like biting into a piece of fake fruit and hurting your teeth.

Being intentionally fake, deceitful, fraudulent or dishonest is a very serious weakness.

Examples of dishonesty:

Cheating  
Lying  
Tricking others  
Deceiving  
Over-exaggerating



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