

VIRTUE=STRENGTH.

Discipline leads to habits.

Habits lead to consistency.

Consistency leads to growth.

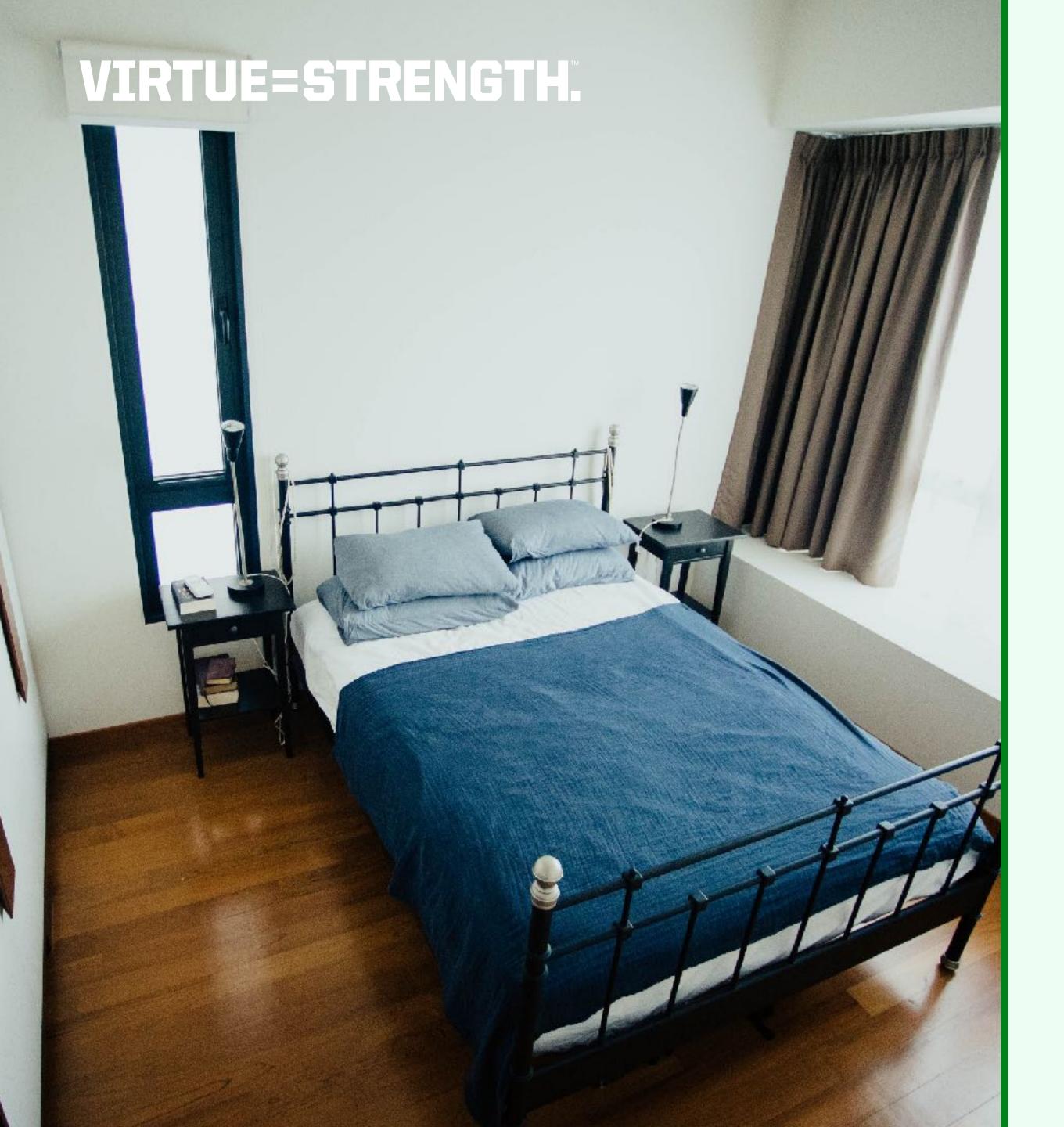
INTRODUCTION

This week our strength building on the theme of VIRTUE is DISCIPLINE.

The strength to be in control of oneself while learning a skill.

DISCIPLINE is necessary for everything in life.

We **need** to have DISCIPLINE in school, in our relationships, in our future jobs....if we expect to succeed.



RESOLUTION

WAY TO LIVE THE VIRTUE THIS WEEK

Practice DISCIPLINE this week by getting out of bed as soon as you should.

VIRTUE=STRENGTH.

DISCIPLINE

CLICK HERE FOR ALL THE DISCIPLINE VIDEOS IN GOOGLE SLIDES

CLICK HERE FOR THE
TEACHER & STUDENT VIDEO
WORKSHEETS

CLICK HERE FOR ALL THE AUGUST SAINTS VIDEOS
IN GOOGLE SLIDES





DISCIPLINE

SAINT STORY

ST. ROSE OF LIMA

AUGUST 23

Click here for more information on St. Rose

St. Rose is most famous for her penances, done not for their own sake, but as pure expressions of her love for Jesus and vicarious satisfaction for souls dear to Him. Her love found other means of expression. Rose prayed long hours for her beloved Archbishop Turibius, himself a saint, in his trials, and beseeched God for the conversion of the Peruvian Indians, who were still practicing pagan religions. She was taught to make herbal medicines and took great delight in distributing these remedies to long lines of the sick poor of Lima.

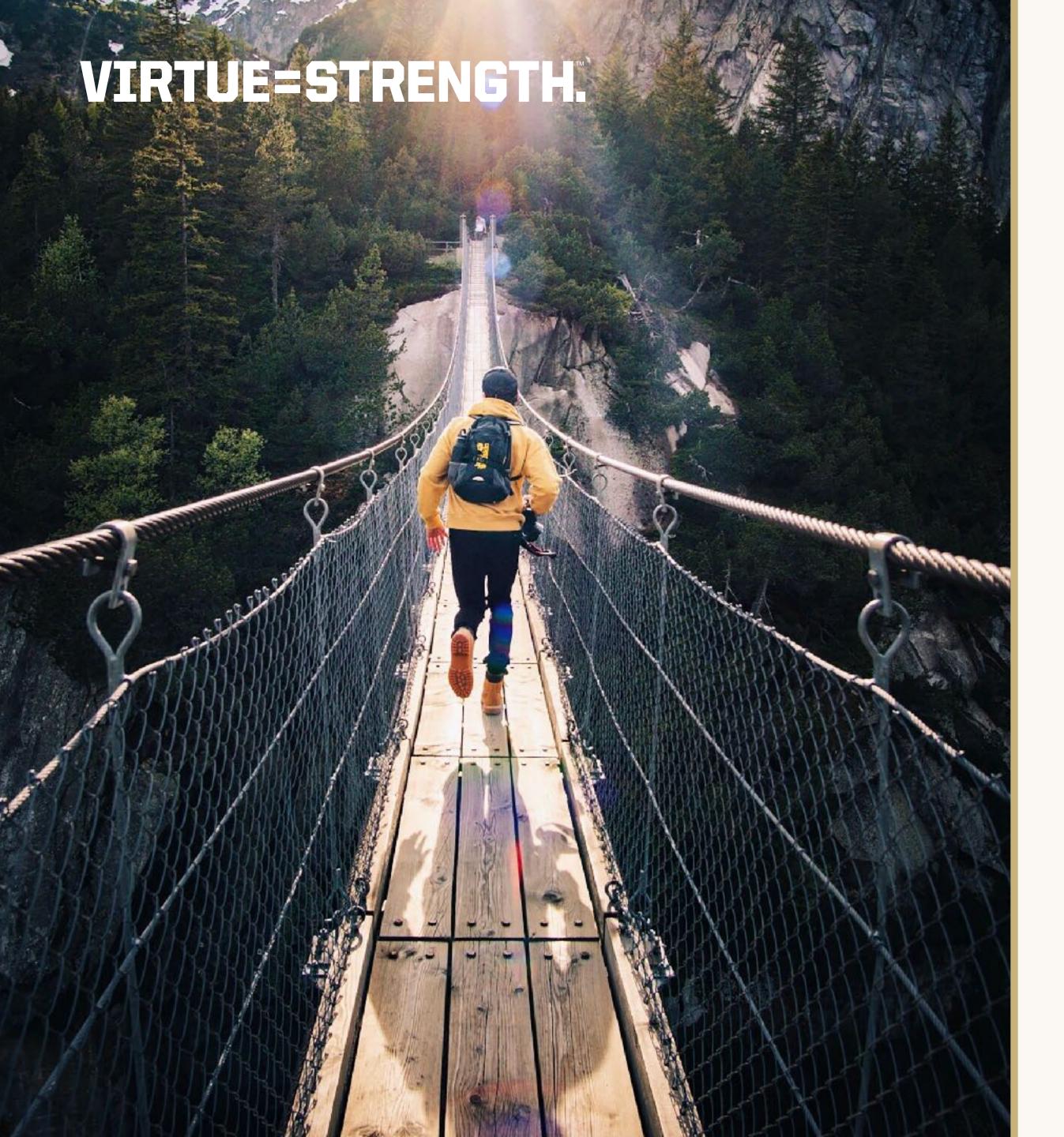
At age 20 she made her profession in the Third Order of St. Dominic.

It was at this time that perhaps the most spectacular of Rose's miracles occurred when Dutch pirates invaded Lima's harbor and defeated the Peruvian fleet. Due to the Reformation, they intended not only to loot the city but also to desecrate the churches. The women, children and religious of Lima took refuge in the churches. In the church of Santo Domingo, **Rose stirred them all to prayer.** It is said that as pirates burst into the church, they were confronted with the terrifying spectacle of a young girl ablaze with light, holding a monstrance with the Blessed Sacrament. They turned away and fled to their ships, which sailed away.



"The will, therefore, is then truly free, when it is not the slave of vices and sins."

- St. Augustine



"Discipline is the bridge between goals and accomplishments."

- St. Mother Teresa of Calcutta



"Our body is like armor, our soul like the warrior.

Take care of both, and you will be ready for what comes."

- St. Amma Syncletica



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INDULGENCE VS. DISCIPLINE

Imagine walking on this narrow bridge without guardrails.

As guardrails help us to stay on the dangerous bridge, so constraints and discipline help us to stay on the right path in life.

Everyone likes to have a good time, but most people come to recognize that happiness and satisfaction come not so much from the enjoyment of pleasure as from the performance of duty.

A life without constraints is not a dream but a nightmare.

