



VIRTUE=STRENGTH.™



PRAYERFULNESS

“WANTING TO PRAY.”



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PRAYERFULNESS

## INTRODUCTION

This week our strength building on the virtue of Faith is PRAYERFULNESS.

**The strength by which I spend time alone talking with God.**

Prayer isn't just another good thing to do; it's absolutely necessary if we want to know God's will in our lives and draw closer to him.

Let's encourage one another to find the time and the willpower to pray.

Let's be more **intentional** about embracing a life of prayer!



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**ONE THING  
I'M GOING  
TO DO IS  
PRAY**

PRAYERFULNESS

RESOLUTION

## WAY TO LIVE THE VIRTUE THIS WEEK

Practice PRAYERFULNESS this week  
by **setting**:

A specific time to pray.

Where you will pray.

What you will focus on in your prayer.

Why you will pray.

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PRAYERFULNESS

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## STORY

### BOY PRAYS FOR MISSING CHILDREN AT WALMART

We all see them. The faces gazing out at us from posters hanging in post offices, community centers, and city buildings.

Many of us pass right by without a second thought.

But for this young boy who was visiting a Walmart with his mom, seeing a large board filled with the faces of those missing children stopped him in his tracks.

He went and did something about it. He didn't let "what others would say, think, look or do" stop him.

May his PRAYERFUL **example** inspire us to step up and help others in need whether it be through action or prayer.

Some other examples of times we might pray:

- Passing a cemetery.
- Ambulance, Fire Truck, Police Car ... driving by.
- Passing a hospital.
- When someone gets injured during a game.



SMALL GROUP DIFFICULT SITUATION  
DISCUSSION

You would like to start praying the **rosary** at night with your family but no one else really wants to.

What do you do to encourage or inspire them?

Consider different scenarios, outcomes and reactions.







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## PRAYERFULNESS

*“Whoever prays is certainly saved. He who does not is certainly damned. All the blessed have been saved by prayer. All the damned have been lost through not praying. If they had prayed they would not have been lost.*

*And this is, and will be their greatest torment in hell: to think how easily they might have been saved, just by asking God for His grace, but that now it is too late - their time of prayer is gone.”*

*- St. Alphonsus Maria de Liguori*





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# IRREVERENCE

The weakness to not pray or give proper respect to God.



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**VICE**

## EXAMPLES OF IRREVERENCE

Too busy to pray.

Treating the Church or Chapel like any other room.

Not genuflecting when you enter Church.

Using our Lord's Name in vain.

Thinking you don't need God.



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## CLOSING PRAYER

Breathe into me, Holy Spirit,  
that my thoughts may all be holy.

Move in me, Holy Spirit,  
that my work, too, may be holy.

Attract my heart, Holy Spirit,  
that I may love only what is holy.

Strengthen me, Holy Spirit,  
that I may defend all that is holy.

Protect me, Holy Spirit,  
that I may always be holy.

PRAYERFULNESS







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