

# How to Pray the Rosary

Begin prayers by holding the Crucifix and reciting The Apostles' Creed. Then follow the arrows along the beads, saying the prayers as indicated. When two or more are praying the Rosary together, the Leader recites the part of the prayer printed in bold and the others recite the rest of the prayer together.

Prayers prayed during the recitation of the rosary: **The Apostles' Creed**

**I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He arose from the dead. He ascended into heaven, sits at the right hand of God, the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body and the life everlasting. Amen.**

**The Our Father**

**Our Father, who art in heaven, hallowed be Thy name; Thy Kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.**

**The Hail Mary**

**Hail Mary, full of grace, the Lord is with thee, blessed art thou amongst women and blessed is the fruit of thy womb, Jesus. Holy Mary Mother of God, pray for us sinners now and at the hour of our death. Amen.**

**The Glory Be**

**Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.**

*You may add after each Glory Be: "Oh my Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those in most need of Thy Mercy."*

First, choose a set of mysteries from below:

**The Five Joyful Mysteries...**

Monday, Saturday, and Sundays of Advent

1. The Annunciation
2. The Visitation
3. The Nativity
4. The Presentation in the Temple
5. The Finding in the Temple

**The Five Sorrowful Mysteries**

Tuesday, Friday, and Sundays of Lent

1. The Agony in the Garden
2. The Scourging at the Pillar
3. The Crowning with Thorns
4. The Carrying of the Cross
5. The Crucifixion and Death

**The Five Glorious Mysteries**

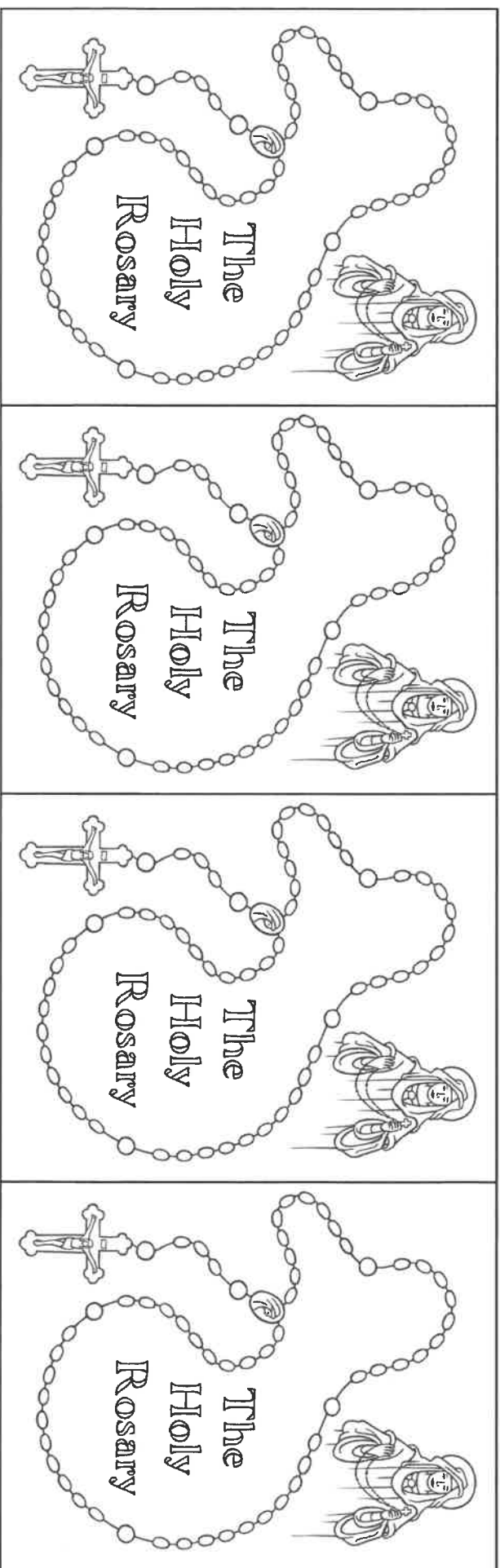
Wednesday and Sundays outside of Lent and Advent

1. The Resurrection
2. The Ascension
3. The Descent of the Holy Spirit
4. The Assumption
5. The Coronation of Mary

**The Five Luminous Mysteries**

Thursday

1. The Baptism of Christ in the Jordan
2. The Wedding Feast at Cana
3. Jesus' Proclamation of the Coming of the Kingdom of God
4. The Transfiguration
5. The Institution of the Eucharist as a Sacrament



Dear Families,

With October being the month of the Rosary, We would like to issue a challenge for all of our Our Lady Queen of Heaven and St. Vincent de Paul school families... Could we pray at least 500 Rosaries in a month? With 180+ children in K-5th grade in our system, if each student prayed at least 3 Rosaries in the whole month, we would more than cover the goal!

The Rosary is a beautiful and powerful prayer. St. John Paul the II said " *The Rosary is my favorite prayer. A marvelous prayer! Marvelous in its simplicity and its depth.*" Venerable Fulton Sheen explained that " *The power of the rosary is beyond description.*" While Saint Padre Pio would actually call it his " *Weapon against evil!*" Imagine the good that could come from all of us saying these amazing and life changing prayers!

This is a challenge that we invite all families to accept. We have faith that we can reach our goal and then some! Do not be intimidated by the length or trying to get all of your kids to sit still. Break it up throughout the day! You could pray the beginning prayers and first decade while driving them to school, another decade on your way to sports practice, one before bed, sprinkle it in through the day and work up to saying it in one sitting. Or perhaps you join with another family or two and all pray it together at someone's home. You can also find recordings of the prayers for your family to pray together. For the little ones, there are printable coloring pages for them to color the beads of the Rosary while they recite the prayers together.

On the back of this letter are the prayers and instruction on how to pray the Rosary. At the bottom are boxes for you to fill out and return as you have completed a Rosary. Simply fill it out and return to OLQH or SVDP. On the back are blank Rosaries, you can fill in the beads to help you keep track of where you have stopped and how many prayers are left. We hope that your family will accept this challenge and join us!

God Bless,

Mrs. Fochs and Mrs. Bruley

**ROSARY CHALLENGE**

Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Date: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

**I PRAYED ONE ROSARY!**

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Grade: \_\_\_\_\_

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**I PRAYED ONE ROSARY!**