



Finance Meeting Tuesday October 24
Time 5:30 PM Assumption Library

Agenda

- | | | | |
|----|---|--|---------------|
| 1. | Prayer | | Daniel Minter |
| 2. | Finance Meeting | | Daniel Minter |
| | a. Review 2023-24 monthly financials | | |
| | b. Introduce new controller – Mark Norville | | |
| | c. Budget priorities 2024-25 | | |
| | i. Extra meetings or set up an adhoc sub group | | |
| 3. | Next meeting is scheduled for Nov. 21 which is the Tuesday before Thanksgiving. Dan has conflict and if held on 11/21 would need to start at 5:30. Alternative is to go with 11/28 at 6:15 like usual | | |

Education Commission
Time 6:15 PM

- | | | | |
|----|---|--|-----------------------|
| 1. | Opening Prayer | | Daniel Minter (2 min) |
| 2. | Introduce new controller Mark Norville | | |
| 3. | ACS 2023-24 Calendar Highlights | | Brad Mattot (2 min) |
| 4. | Reports | | (10 min) |
| | a. Schools – see printed report | | |
| | b. President/Diocese | | |
| | c. Athletics | | |
| | d. Advancement | | |
| | e. Enrollment | | |
| | f. Royal Parents | | |
| 5. | New Business | | Brad Mattot |
| | a. Last month we postponed the review of the policy book this agenda item on hold until completion of the HR audit. Begin review of ACS policy book | | |
| | b. 2024 – 25 master calendar – see attached | | |
| | c. Proposal to add 4K to OLQH – document will be brought to meeting | | |
| | d. Rename St. Lawrence Early Childhood Center to St. Lawrence Childcare Center | | |
| | e. Wellness Policy – see attached | | |
| 6. | Any other business | | (5 min) |

Next meeting is scheduled for Nov. 21 which is the Tuesday before Thanksgiving. Dan has conflict and if held on 11/21 would need to start at 6:15. Alternative is to go with 11/28 at 6:15 like usual

Closing Prayer

Daniel Minter

2023-24 Meeting Dates 3rd Tuesday of the month August 2022 – May 2023 6:15 PM Finance and 7 PM Commission

The mission of Assumption Catholic Schools is to inspire excellence and personal growth grounded in Catholic principles and traditions

Commission Meeting Notes from September 19, 2023

Attendance: Craig Smits, Brad Matott, Tania Halbersma, Jill Vruwink, Kerry Meinel, Father Schaller, Father Guanella, Pam Fochs, Father Weller, Jimmy Lynch, Jim Dolan, Bob Birkhauser, Bill Rosandick, Shelley Bruley, Chante Hickey, Angie Peters, Dan Minter

Prayer 7:15 pm

Calendar Highlights

- Homecoming week – Activities this Friday include Mass at 12:30 followed by the parade and tailgate fundraiser for the 8th gr Washington DC trip from 4-6. Pep Rally at 6:30. All take place at AHS.

Reports

- Included in packet
- Additional comments: Jimmy will be on a curriculum committee for the Diocese.
- Athletics – successful golf scramble, sports booklet coming out this week, will begin working on Cranberry Classic
- Royal Parents – successful start to bingo. The third grade raised \$400.

New Business

- Mission statement review – all in agreement that the mission statement still speaks to what we strive for at Assumption Catholic Schools
- Screen time – discussion tabled until next month
- HR audit proposal – looking to have a Fall audit conducted of our policies and procedures
- ACS policy book review – postponed for now. The HR audit will review those areas related to HR and then we will tackle looking at the oldest items first. However, the admissions policy will be on the agenda for next month, so that it is ready for enrollment in February.
- Online school discussion – Jimmy spoke to a school that has both brick and mortar and online. Their online students are only Choice. The school provides parents with curriculum choices, and they in turn submit samples of work completed every couple of weeks. No participation in WIAA sports is allowed.
- Google Athletics Calendar – availability for coaches to view the calendar, but only the athletic director can make additions and updates.
- The question was raised as to whether one sports app can be used across all sports...keeping safe environment in mind.

Prayer

Adjourned at 8:05 pm

The next meeting date and time TBD as there are some conflicts.

St. Lawrence Early Childhood – October Report 2023

Last week St. Lawrence Parish and St. Lawrence Assumption Catholic Schools have combined to give our Childcare Center a new parking lot. This gives our parents and staff a safe place to park, drop off and pick up kiddos without having to park on the street! It has been well received and most appreciated by all.

Last week we took the 2's and Preschool children on a field trip to Arnold's Strawberry Farms in Rudolph. There we had a tractor wagon ride, a train ride and were given the opportunity for everyone to choose a pumpkin from their patch. The rain held off and it was the perfect fall morning that brought so many pumpkins back to school with us!

It has been a very busy month, as I have been working hard to fill our classrooms after graduating 9 of our own children whom have been with our center since ages birth to 5. I am proud to say that all of those youngsters joined Our Lady Queen of Heaven. I hear they have been keeping those amazing kindergarten teachers and staff on their toes!

Our enrollment continues to expand in our Infant/Toddler Room, which in turn helps our 2's and Preschool programs continue to grow and remain at capacity as we move our littles up the classroom chain as they grow. To date in our Infant/Toddler Room, we have six fulltime children and two part time children enrolled, ages three months to 18 months old. This puts us at legal capacity of 8 children in our youngest room on any given day.

I have reached out to parents who have been on our waiting list and have secured four more families, some of which their baby has yet to be born, that will begin in February 2024 as we move our soon to be two year old children up to our next classroom, keeping my 2's teacher busy!

I have also secured an additional three new families that will be starting at our center in October of 2024. Nearly all of these new families have expressed their interest in continuing their child(ren) in the ACS system. I have had so many families call and tour our Childcare center that tell me St. Lawrence Childcare Center is a highly sought after childcare center in the area and they are willing to wait for an opening so that they may begin their journey into ACS system.

We are very proud of the work we do at SLECC as we are a very important first step of introducing families to the wonderful ACS system!

Respectfully submitted by Jo Ann Wendels Director St. Lawrence Childcare Center





Our Lady Queen of Heaven K-2

Oct. 24, 2023 Commission Report

- Father Guanella held a Blessing of the Animals ceremony on Oct. 5 in honor of St. Francis.
- Our first, second grade, and ready kindergartners are participating in small reading groups. Four times a week students read with their assigned group which enables them to work on targeted skills. These groups are led by 1st and 2nd grade teachers, support staff, and volunteers.
- Monthly birthday breakfasts have resumed. Once a month students who have birthdays that month are invited to a special breakfast hosted by the OLQH principal and administrative assistant.
- October is Bullying Prevention Month and our staff and students continue to use the *Second Step* program to help our school be a safe, respectful place where everyone can learn.
- On Monday, Oct. 16, our school students traveled to the Wisconsin Rapids PAC to watch the Eau Claire Children's Theater touring production of "Junie B. Jones Is Not a Crook!"
- On Monday, Oct. 16, our kindergarten students were visited by the Wisconsin Rapids Fire Department to learn about fire safety.
- On Friday, Oct. 20 the Rudolph Fire Department hosted our first and second graders for a tour and fire safety presentation.
- OLQH School continues to practice our school safety drills as required. Monthly fire drills are conducted. A code yellow soft lockdown drill was practiced on Friday, Oct. 13, 2023, as well as a tornado drill. An additional tornado drill will be held in the spring.
- Parent teacher conferences were held the week of Oct. 16. We thank the Royal Parents for providing us with two delicious meals to enjoy!!

Respectfully submitted by:
Shelley Bruley

Mission: To inspire excellence and personal growth grounded in Catholic principles and tradition

Vision: A community of academic excellence, Catholic in spirit and culture, nurturing integrity and respect.



St. Vincent Depaul School

October 2023
Commission Report



A Building With Four Walls And Tomorrow Inside

- Completion of Fall STAR Assessments. Teachers and staff collecting the data, which will guide the instruction in the classroom and through the school.
 - Math fact fluency is a school wide goal.
- Celebrating the Month of the Rosary and the Virtue of the Month-hope-at our prayer services. Joined Millions of people praying on October 18.
- Parent/Teacher Conferences
- Creating schedule for regular Pastor visits and reconciliation
- School Improvement Efforts
 - Facility updates-
 - Roof complete
 - Water seepage through concrete wall in library due to needed layer of waterproof paint on outside of gym wall. Efflorescence can be seen in library and in gym. Efflorescence occurs when moisture migrates from within either new or old masonry. As water moves through the brick, mortar, cement or concrete, it dissolves the salts in the masonry and mortar. The salts are then deposited on the surface as the water evaporates, leaving dirty white crystals.
 - Restroom update with sinks
- Our pets were blessed on the Feast Day of St. Francis.
- Br. Joe Breuner stayed with us until he had to return to Bolivia. We showed our appreciation and well wishes in true Royal fashion. Hip, Hip, Hooray! Hip, Hip, Hooray! Hip, Hip, Hooray!
- We took our safety walk in the neighborhood.
- Students enjoyed Junie B. Jones at the PACC



ASSUMPTION MIDDLE SCHOOL/High School (6-12)

MS/HS

On September 11 the 8th Grade class had the opportunity to attend the Heavy Metal Tour which is an event that Mid-State holds every year. The purpose of the event is to introduce students to various trade jobs around our local area. The 8th grade class visited Felker Brothers in Plover which is a steel and fabricated piping. The students had a great time and it was a great experience for them to learn more about the various trades that they could one day work in.

On September 13 the middle school walked to SVDP to attend the Natures Niche Remnants of Rainforest Environmental Education Program. The students were very excited when they returned to school and were talking about it for the next few days. They got to see and touch various reptiles such as snakes, lizards, turtles, etc.

Both the middle and high school students and staff enjoyed speaker Paul Kim on Oct. 13. Paul is a Catholic speaker who travels the world speaking to youth. He was very well received and it was a powerful talk.

During the week of Oct. 15 both the middle and high school held parent/teacher conferences. There were many parents throughout the building meeting with staff. The staff is very thankful to the Royal Parents for providing meals on both nights of parent/teacher conferences. The food was fantastic!

Campus Ministry

We are currently beginning to plan the logistics of the pilgrimage to Rome. We have confirmed that alum Fr. Justin Kizewski will be joining the group. He has extensive knowledge about Rome and lived there for many years.

The Campus Ministry team will be hosting a "Barn Dance" with dancing, bags tournament, BBQ, etc. to help raise funds for the pilgrimage to Rome. This event will take place Saturday, November 18 in the Assumption High School gym.

Upcoming Dates

Nov. 6-10 Faith and Knowledge Assessment
Nov. 6 National Honor Society Induction Night
Nov. 7 Marawood All Conference Band and Choir
Nov. 17 Hex 2 Ends

ENROLLMENT REPORT

ACS Enrollment 2023-2024				Updated 10/18/2023				CURRENT YEAR			
				SV (3-5)		AMS(6-8)		AHS(9-12)			
OLQH (K-2)				31	3	33	6	40	9	39	
5K				30	4	31	7	35	10	39	
1				27	5	26	8	40	11	29	
2				88		90		115	12	38	
										145	Total K-12
											438

WPCP UPDATE: 189
SNSP UPDATE: 30 & 1 Partial

ACS Enrollment 2022-2023				Updated 10/05/2022				Prior Year			
				SV (3-5)		AMS(6-8)		AHS(9-12)			
OLQH (K-2)				28	3	27	6	34	9	36	
5K				26	4	26	7	41	10	29	
1				30	5	34	8	42	11	38	
2				84		87		117	12	36	
										139	Total K-12
											427

WPCP UPDATE: 166
SNSP UPDATE: 25 & 1 Partial

Advancement Commission Report - October 2023

Raised Royal Newsletter - October 2023

A Raised Royal newsletter was delivered to ODC last week. Anticipating the newsletter will hit the mail Oct 20th. We hope to see some incoming gifts to Royal Fund and component funds as a result.

Auction Royale – November 4, 2023

Auction Royale planning continues. The event is Saturday, November 4th to be held at The Ridges in the West Wing. Menu has been decided for a sit down meal. Mark Skibba and Phil Hartley have agreed to be the Auctioneers. We have a great group of volunteer ladies helping to solicit items in person, online and on the phone. We have had a great response to Sponsorships with \$17,775 in sponsorships! We are just starting to work on the Auction Program, to go to printers next week. Donation packages have been put together, with 11 Live Auction items. We continue to have had meeting to date to brainstorm ideas of how to get our Assumption families, donors and community to attend.

Annual Appeal - November 2023

Work will soon begin on our annual appeal mailing for Royal Fund 2023-2024. Projected mail date would be mid to late November of this year.

Class 1973 Stage Renovation Project

I am still working on getting accurate measurements for the AHS Stage Curtains. To date, \$25,315.00 in donations have been received with another \$5,000 in matching funds due to come in by end of October. My hopes is that we can finalize the measurements and get the curtains on order to be received before year end. Curtains then could be hung during Christmas break. I am taking suggestions on who can help to re-measure the stage curtains!

Veterans Day Ceremony, November 10

We have finalized our plans with Tom Sachs and Nancy Quick regarding a Veteran's Day Ceremony at AHS in the gym on Friday, November 10th 10am – 11am. The Wood County Veterans will be dedicating Legacy Stones and 17 names for the Sheriffs Wall. Our students will help with the ceremony here at AHS.

Assumption Foundation / ACS Scholarships

Scholarship recipients were informed mid-August of their awarded scholarship. Once the thank you from the recipient has been received in the Finance or Advancement office, the scholarship is then put onto the student tuition account and a thank you to the donor is mailed out. We are down to just 4 students that have yet to send in their thank you to the donors. Their final deadline has been set for Friday, October 20th.

Respectfully Submitted,
Lorna Holewinski
Director of Advancement

August 2024						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

October 2024						
S	M	T	W	T	F	S
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

November 2024						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2024						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2025						
S	M	T	W	T	F	S
					1	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

June 2025						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

July 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Green (No School - Professional Days)

Purple (No School – Holidays/Spring Break)

Yellow (First/Last days of school)

First Day of School K-11– August 28, 2024

First Day of School – 12 – August 26, 2024

Last Day of School K-11– May 30, 2025

Last day and graduation – May 23, 2025

Last day of school for teachers – June 3, 2025

Assumption Catholic Schools All Day 4K program
4K from 8:30 am – 3:40 pm Monday-Friday
following the school calendar
Cost: TBD and it is WPCP eligible

Assumption Catholic Schools welcomes 4-year-olds to our community of learners. As the one of the first introduction to school, our 4K preschool program will provide a safe and enjoyable environment in which they can build a foundation for greater learning in years to come and will reinforce the Catholic values found throughout our school. Our goal is to provide each child with the best start as they begin their faith inspired educational journey.

Our goals for each child are to develop a love of learning and a love of Christ, to foster independence and grow in social and personal development skills (following directions, cooperation, good manners).

We strive to develop skills that will help them grow and develop as a friend is and focus on teaching them positive ways to communicate and express their emotions and solve problems. Students learn best through play. We provide a sound foundation for early literacy and math skills. Our curriculum will continue to be hands on, we find it important to give opportunities to help children explore their natural curiosities.

ACS staff members are passionate about getting to know each student and how they learn and what makes them thrive in school. We provide a nurturing learning environment that is dedicated to providing each student with opportunities to express themselves and use their imaginations. As staff, we will foster opportunities for children to become responsible, independent, and confident.

On a typical day in 4K, your child will experience:

- Carpet time, including prayer, pledge, calendar review, show-and-share, songs, finger plays, and stories
- Interactive Science lessons
- Lessons teaching about community service
- Large Group Activity, such as an art project or religion lesson
- Small Group or One-on-One time working on reading and math skills
- Snack Time
- Classes in music, art, Spanish, technology, and library time (twice a week)
- Free-choice Time exploring various centers in the classroom
- Outside Time/Recess
- All-day programs will provide hot lunch, nap time, and afternoon opportunities

Contact us to learn more about our 4K Preschool Program!

Assumption Catholic Schools

Admissions and Enrollment –

Assumption Catholic Schools is dedicated to educating students of all faiths in a Catholic, Christ-centered environment. As a school community we strive to fulfill our mission, to inspire excellence and personal growth grounded in Catholic principles and tradition.

Assumption Catholic Schools is a Catholic School in the Diocese of La Crosse. As a Catholic School we will teach and advocate our Catholic Faith. All students are welcome in our school, and all parents and legal guardians must understand that Catholic Doctrine will be taught. The passing on of our Catholic Faith is our number one priority.

Assumption Catholic Schools' environment of education is centered around its mission and vision, including:

- Mission: To inspire excellence and personal growth grounded in Catholic principles and tradition.
- Vision: A community of academic excellence, Catholic in spirit and culture, nurturing integrity and respect.

Students are expected to exhibit Assumption Catholic Schools' mission and vision by implementing its Standards of Excellence & Growth, including, as examples:

- Demonstrating a strong faith and love of God through prayer
- Supports the mission of the Catholic Church.
- Possesses principles of integrity including honesty, patience, fortitude, generosity, and self-control.
- Recognizes and fulfills responsibility to community, society, and the world.
- Affirms principles of loyalty, commitment, sacrifice, and trust.
- Recognizes and respects the dignity and achievement of others.
- Models Christian standards of ethical behavior in the workplace including charity toward others, respect for authority, pride in achievement, and the ability to be an effective team member.

Assumption Catholic Schools has the following additional admissions policies and procedures:

Students are accepted without regard to race, color, or national or ethnic origins. Children of all faiths are welcomed and expected to share in religious education.

Order of Priority

After reaching the early enrollment deadline, ACS will determine if there are available places for all enrolled students. If there are more enrollments than places available, the following will be considered in order of priority:

1. Kindergarten through 12th grade students who are enrolled at ACS and in good standing on tuition and fees owed to ACS.
2. Siblings of Kindergarten through 12th grade students who are currently enrolled at ACS.
3. Active members of our supporting parishes (Holy Rosary, Our Lady Queen of Heaven, Sacred Heart, St. Alexander, St. Joachim, St. James, St. Lawrence, Saints Peter and Paul, St. Philip, and St. Vincent de Paul) who are practicing Catholics.
4. Children of Assumption Catholic Schools employees.
5. Children enrolled at St. Lawrence Early Childhood Center.
6. Children enrolled in an ACS-based Wisconsin Rapids Area School District 4K program.
7. Family home address and school district boundaries for busing considerations.
8. Transfer from another Catholic school outside of the ACS system.
9. Date of application/first to enroll.

C. Wisconsin state guidelines for age and grade level will be followed in the admissions process.

D. An age-appropriate development and/or educational assessment by the principal and/or faculty may be given to students entering the school. This assessment assists in the placement of a child. Admission requirements include but are not limited to: review of previous school records, standardized tests, a meeting with the Enrollment & Tuition Coordinator and/or member of the ACS Administrative Team, a school tour, and classroom visitation.

E. Due to the building and academic setting of mind, body, and spirit it may not be possible to accommodate the needs of all children. The admission process facilitates determining if ACS can provide a suitable educational program for the child seeking admission. ~~We are ACS participants-participates~~ in the SNSP (Special Needs Scholarship Program). If your child has academic or physical needs, please talk to the building administrator for more information on what resources may be available.

F. All transfer/new students are considered probationary students for the first twelve weeks after enrollment during this time, grades, attendance, and discipline are monitored, and the student may be dismissed or expelled if the student is unable to comply with school policy/expectations, or if staff is unable to meet the student's academic/behavioral needs. The probationary period may be extended if warranted.

For students-applicants who were subject to dismissal or expulsion greater than two complete semesters prior to seeking admission at ACS (or re-admission if the dismissal or expulsion was XXXX by ACS), the student-applicant may seek (re)admission to ACS if the student has been enrolled in an educational program in the time since the student's dismissal/expulsion and the student provides evidence of a change of behavior and conduct demonstrative of ACS' Standards of Excellence & Growth. Any student (re)admitted consistent with this policy will be on admission probation for a period of _____, during which time, any offense will result in immediate expulsion without an opportunity of readmission.

G. Admission of students in one year does not guarantee readmission of that student in subsequent years. ACS may decide not to readmit a student in a subsequent year for any reason unless prohibited by Federal or State Civil Rights laws.

H. Class size is guided by the Enrollment and Class Offerings Policy and determined by the President. When a class is at capacity, all waiting list requests will continue to be considered by application date for future admission.

I. Students accepted into the Wisconsin Parental Choice Program (School Voucher) who are new to ACS cannot displace other currently enrolled students from a building. Accommodations will be made to make sure there is room for the new students to be in a grade-appropriate class. ACS must accept any student-applicants through the Wisconsin Parental Choice Program, pursuant to guidelines set forth by the Department of Public Instruction for schools participating in the WPCP, who are admitted into the program, including any students who have been expelled from a prior educational program. However, student-applicants admitted through WPCP, who have been expelled either from ACS or a different school in the previous academic year or previous years, on the first day of the upcoming academic year, may be expelled by ACS.

Policy Preamble

Assumption Catholic Schools (hereto referred to as the District) is committed to the optimal development of every student. Good nutrition and regular physical activity before, during, and after the school day are strongly correlated with positive student outcomes. The District believes that we need to create and support health-promoting learning environments throughout our schools, giving students the opportunity to achieve success. This policy outlines the District's approach to ensure all students practice healthy eating and physical activity behaviors throughout the school day.

Policy Leadership

The designated official for oversight of the wellness policy is Daniel Minter/President. The official shall convene the Wellness Committee and lead the review, updating, and evaluation of the policy.

The District shall convene a Wellness Committee that meets at least 2 times during the school year to establish goals and oversee school health policies and programs, including development, implementation, and periodic review and update of this Wellness Policy.

The District shall invite a diverse group of stakeholders to participate in the development, implementation, and periodic review and update of the wellness policy. Stakeholders may include:

- Administrator
- Classroom teacher
- Physical education teacher
- School food service representative
- Community member/parent
- Nutrition and/or health education teachers
- School counselor
- School Social Worker

Nutrition Standards for All Foods

The District is committed to serving healthy meals to our students. The school meal programs aim to improve the diet and health of school children, model healthy eating patterns, and support healthy choices while accommodating cultural food preferences and special dietary needs.

Standards and Guidelines for School Meals

The District is committed to ensuring that:

- All meals meet or exceed current nutrition requirements established under the Healthy Hunger-free Kids Act of 2010. The policy should include a link to USDA meal pattern requirements or list individually.
- All meals are accessible to all students.

School District: Assumption Catholic Schools

- Withholding food as a punishment shall be strictly prohibited.
- All meals are appealing and attractive and served in clean and pleasant settings.
- Drinking water is available for students during mealtimes.
- When drinking fountains are not present in the cafeteria, water cups/jugs are available.
- Students are provided at least 20 minutes to eat breakfast and at least recommended 25 minutes to eat lunch after being seated.
- All school campuses are “closed” meaning that students are not permitted to leave the school grounds during the school day.
- Lunch shall be served between 11am-1pm.
- Menus shall be posted on the District website and will include nutrient content.
- Menus shall be created/reviewed by a Registered Dietitian or other certified nutrition professional.
- All school nutrition program directors, managers, and staff shall meet or exceed hiring and annual continuing education/training requirements in the USDA professional standards for child nutrition professionals.

In addition, the District’s nutrition services shall:

- Notify parents of the availability of the breakfast, lunch, and summer food programs and shall be encouraged to determine eligibility for reduced or free meals
- Allow students the opportunity to provide input on menu items.
- Restrict the scheduling of club/organizational meetings during the lunch period unless students are allowed to purchase lunch to be consumed during the meetings.
- Explore the use of nontraditional breakfast service models (such as breakfast in the classroom) to increase breakfast participation.

Foods and Beverages Sold Outside of the School Meals Program

- All food and beverages sold and served outside of the school meal programs (“competitive” foods and beverages) shall, at a minimum, meet the standards established in USDA’s Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. The policy should include a link to the USDA Smart Snacks standards or list individually.
- No beverages with non-nutritive sweeteners (artificial or natural), such as diet iced tea, diet soda, etc. shall be sold to students during the school day regardless of their compliance with the USDA Smart Snacks standards.
- The sale of foods and/or beverages containing caffeine (with the exception of trace amounts of naturally occurring caffeine) at all grade levels during the school day are prohibited.
- Foods and beverages that meet or exceed the USDA Smart Snacks standards may be sold through fundraisers during the school day. No restrictions are placed on the sale of food/beverage items sold outside of the school day.
- The District adheres to the Wisconsin Department of Public Instruction fundraiser exemption policy and allows two exempt fundraisers per student organization per school per year.

School District: Assumption Catholic Schools

- All other fundraisers sold during the school day will meet the Smart Snacks nutrition standards. No restrictions are placed on the sale of food/beverage items sold outside of the school day.

Marketing

Schools will restrict food and beverage marketing to only those foods and beverages that meet the nutrition standards set forth by USDA's Nutrition Standards for All Foods Sold in Schools (Smart Snacks) rule. Marketing includes brand names, trademarks, logos, or tags except when placed on a food or beverage product/container; displays, such as vending machine exteriors; corporate/brand names, logos, trademarks on cups, posters, school supplies, education materials, food service equipment, and school equipment (e.g. message boards, scoreboards, uniforms); advertisements in school publications/mailings; sponsorship of school activities, fundraisers, or sports teams; educational incentive programs such as contests or programs; and free samples or coupons displaying advertising of a product.

Foods Provided but Not Sold

The District encourages foods offered on the school campus meet or exceed the USDA Smart Snacks in School nutrition standards including those provided at celebrations and parties and classroom snacks brought by staff or family members. Non-food celebrations will be promoted and a list of ideas is available to staff and family members.

Nutrition Education

Schools shall provide nutrition education that helps students develop lifelong healthy eating behaviors. As such:

- Nutrition education shall follow the Wisconsin Department of Public Instruction Model Academic Standards for Nutrition.
- Nutrition education shall be offered in the cafeteria as well as the classroom, with coordination between the foodservice staff and teachers.

Nutrition Promotion

The District is committed to providing a school environment that promotes students to practice healthy eating and physical activity. As such:

- Students shall receive consistent nutrition messages that promote health throughout schools, classrooms, cafeterias, and school media.
- School nutrition services shall purchase at least 5 locally grown/produced products each year.
- The District shall offer students the ability to participate culinary activities, such as cooking clubs and the Wisconsin Student Chef Competition.

Physical Activity

The District shall provide students with age and grade appropriate opportunities to engage in physical activity. As such:

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- Children and adolescents should participate in 60 minutes of physical activity every day.
- The District shall develop a comprehensive, school-based physical activity program (CSPAP), that includes the following components: physical education, recess; classroom-based physical activity; walk to school; and out of school time activities.
- The District shall provide students with physical education, using an age-appropriate, sequential physical education curriculum consistent with national and state standards for physical education.
- The District shall also provide opportunities for students to participate in physical activity in addition to physical education.
 - Participation on sports teams may be exempt from this rule if related to failure to meet WIAA or other school codes, e.g. academic or attendance requirements.
- Elementary schools shall offer at least [Insert Number, recommended 20] minutes of recess on all or most days during the school year (early dismissal/late arrival days are exempt).
- Outdoor recess shall be offered weather permitting [Insert district weather guidelines].
- Recess monitors/teachers shall encourage students to be active during recess.
- Teachers shall incorporate movement and kinesthetic learning approaches into “core” subject instruction when possible.
- Teachers shall offer short (3-5 minute) activity breaks throughout the school day. Resources and ideas are available through [INSERT WEB LINK BELOW].
- Schools shall provide physical activity opportunities for all students before and after school. Activities include physical activity classes/clubs, physical activity in aftercare, intramurals, and varsity sports.
- Opportunities to participate in physical activity shall be promoted throughout the school via flyers and website.
- The District shall support active transport to and from school by engaging in the following activities:
 - Secure storage facilities for bicycles (e.g., bike racks, shed, fenced area).
 - Crosswalks exist on streets leading to schools.

Physical Education

- All District elementary students in each grade shall receive at least 60 minutes of physical education per week throughout the school year.
- All District middle school students in each grade shall receive at least 80 minutes of physical education per week throughout the school year.
- All District middle school students are required to take the equivalent of one academic year of physical education.
- All District high school students are required to receive 1.5 credits of physical education prior to graduation.
- In health education classes, the District shall include topics of physical activity, including: the physical, psychological, or social benefits of physical activity; how physical activity can contribute to a healthy weight; how physical activity can contribute to the academic

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learning process; how an inactive lifestyle contributes to chronic disease; and decreasing sedentary activities.

Other School Based Activities that Promote Wellness

As appropriate, schools shall support students, staff, and parents' efforts to maintain a healthy lifestyle. As such:

- The District supports the implementation of other programs that help create a school environment that conveys consistent wellness messages in an effort to promote student well-being.
- Students shall be allowed to bring and carry throughout the day approved water bottles filled with only water.
- Staff is strongly encouraged to model healthful eating habits, and are discouraged from eating in front of children/sharing food with children during regular class time, outside of activities related to the nutrition education curriculum.

Staff Wellness

The District will implement the following activities below to promote healthy eating and physical activity among school staff.

- Educational activities for school staff members on healthy lifestyle behaviors.
- Organization of employee physical activity clubs.

Community Engagement

The District shall work with community partners, including the county health department to support district wellness. The District shall inform and invite parents to participate in school-sponsored activities throughout the year.

Monitoring and Evaluation

The Wellness Committee shall evaluate compliance with the Wellness Policy no less than once every three years. The assessment will include the extent to which each school is in compliance with the policy and how the policy compares to a model policy, as established by the U.S. Department of Agriculture. The District shall notify school staff, students, and households/families of the availability of the wellness report via newsletters and website postings. The report will be made available at assumptioncatholicschools.org. The District wellness policy shall be updated as needed based on evaluation results, District changes, release of new health science information/technology, and/or issuance of new federal or state guidance.

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1. mail:

U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

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