

VIRTUE=STRENGTH.™



LOVE FOR GOD

“PUT GOD FIRST.”

**VIRTUE=STRENGTH.™**



LOVE FOR GOD

## OPENING PRAYER

### **THE GOLDEN ARROW PRAYER**

May the most holy, most sacred, most adorable, most incomprehensible and unutterable Name of God be always praised, blessed, loved, adored and glorified in Heaven, on earth, and under the earth, by all the creatures of God, and by the Sacred Heart of Our Lord Jesus Christ, in the Most Holy Sacrament of the Altar. Amen.

*The Golden Arrow is an important prayer that Jesus gave to Sister Mary of St. Peter, a Carmelite nun in France, in August of 1843. Sister Mary called it “an Act of Praise that our Lord Himself dictated to me, notwithstanding my unworthiness, for the reparation of Blasphemy against His Holy Name.”*

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HOW TO STRENGTHEN

**How do we grow this virtue of  
LOVE FOR GOD?**

Reflect on Gods truth, goodness and  
beauty.

Reading and contemplating the  
sufferings of Jesus.

Be grateful for all the gifts God has  
given you.



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## CHALLENGE

Visit a Catholic cemetery with your family or friends and pray for your deceased loved ones and the poor souls in purgatory.

A plenary indulgence, applicable only to the souls in purgatory,  
is granted to the faithful who,  
on any and each day from November 1 to 8,  
devoutly visit a cemetery and pray, if only mentally, for  
the departed.

Requiem aeternam dona ei (eis), Domine, et lux  
perpetua luceat ei (eis).  
Requiescat (-ant) in pace Amen.

Eternal rest grant to them, O Lord, and let perpetual  
light shine upon them. May the souls of the faithful  
departed, through the mercy of God, rest in peace.  
Amen.

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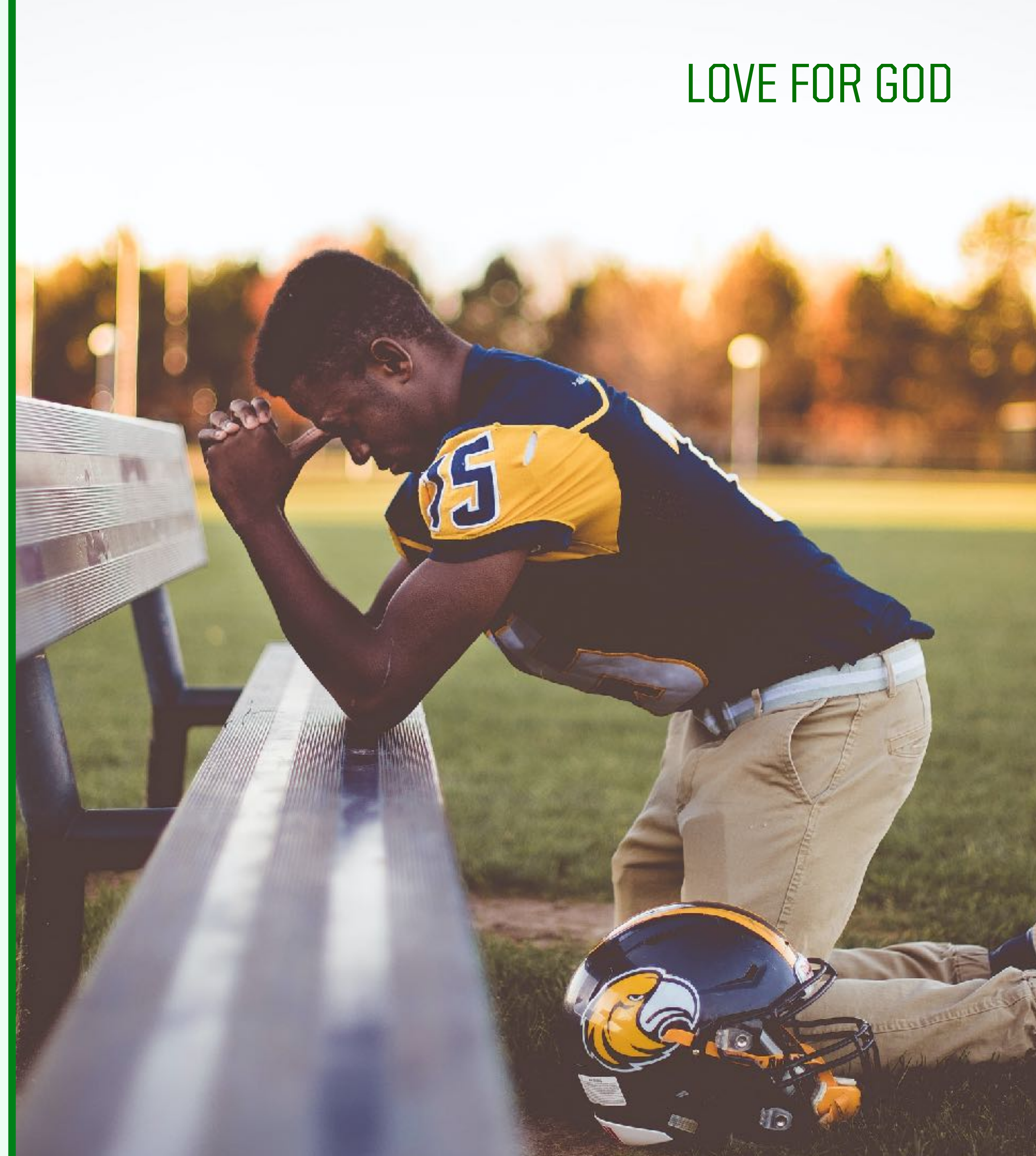
LOVE FOR GOD

## RESOLUTION

Every day, take a short moment, to reflect, pray and thank God for all of the physical and spiritual blessings He has given you throughout your life.

## FAMILY RESOLUTION

Visit a Catholic cemetery together as a family and pray for your deceased loved ones and the poor souls in purgatory.



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SAINTS VIDEOS  
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SAINTS ALIVE PODCAST  
ST. CHARLES OF BORRAMEO

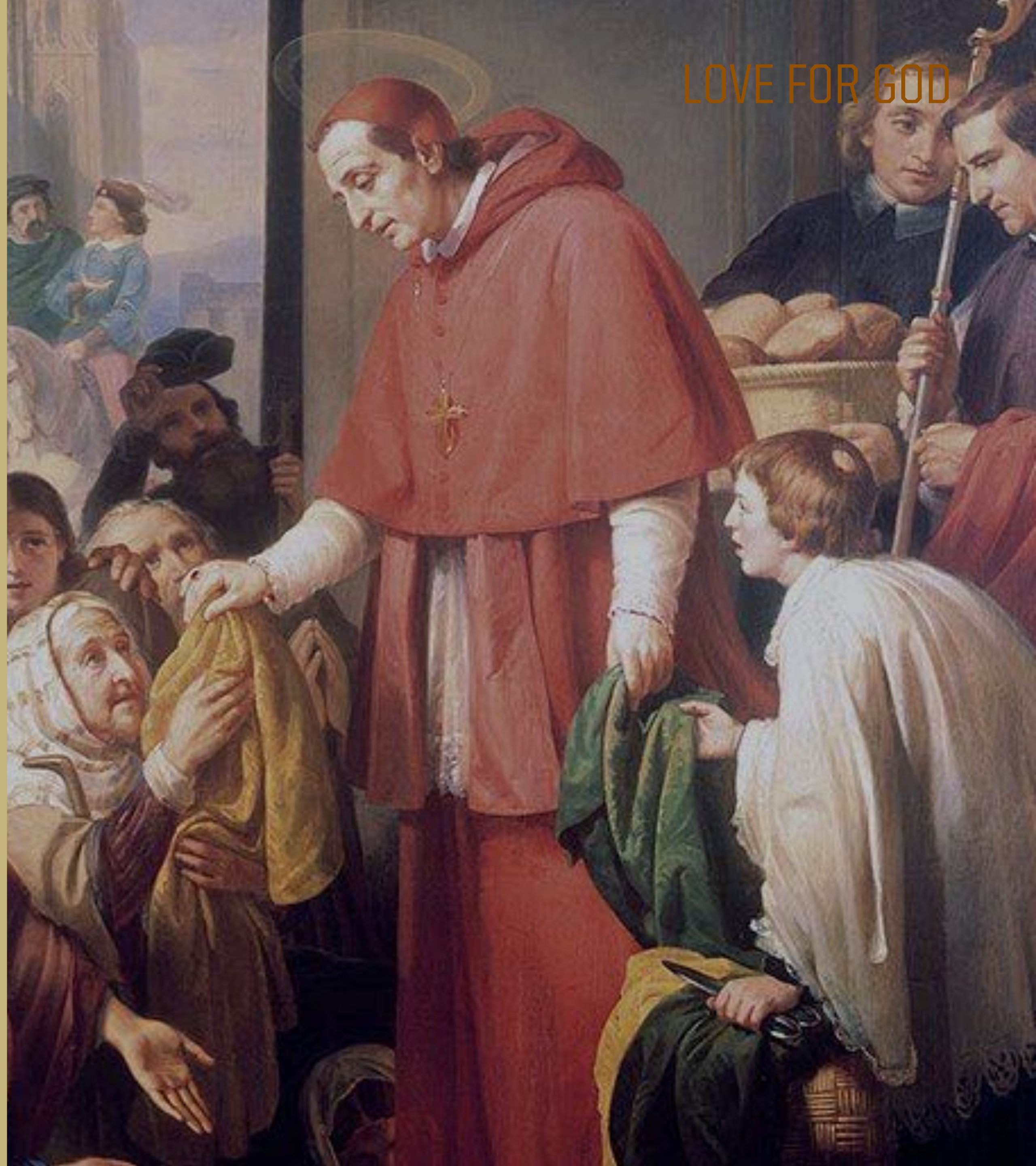
[CLICK HERE TO LISTEN](#)

A radio theater podcast that tells the stories of the saints like never before! This podcast is full of adventure, heroism, virtue and humor.

“Be sure that you first preach by the way that you live.”

Saint Charles Borromeo is remembered for his brilliant mind and tireless work that shaped the Church during the Catholic reformation. His story is one filled with sacrificial love and adventure found only in the lives of the saints!

LOVE FOR GOD

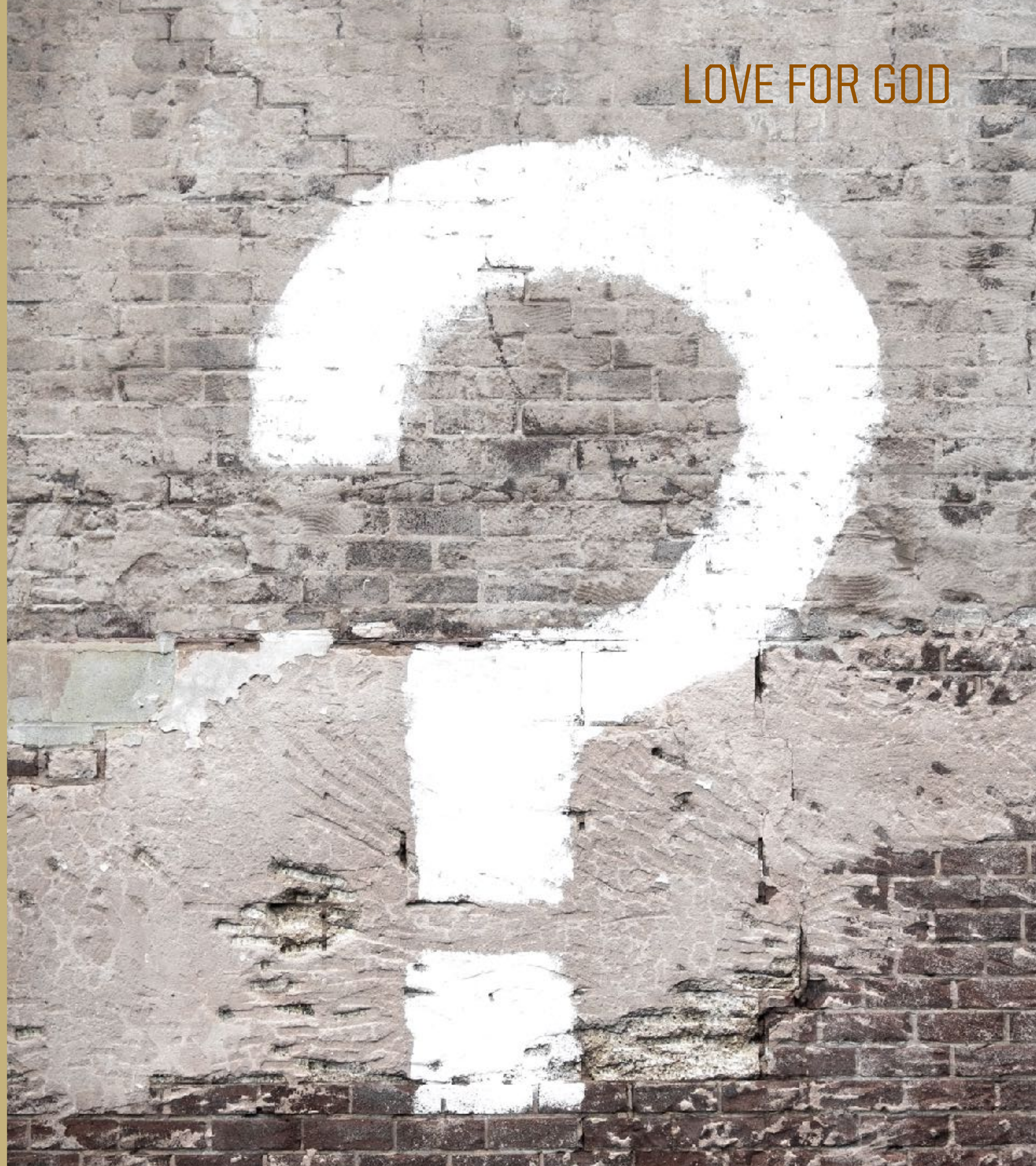


## SMALL GROUP DIFFICULT SITUATION DISCUSSION

You notice that the outdoor statues at a local Catholic Church are all dirty, grimy, and that they never have any flowers in front of them.

How can you improve this situation short term?

What can you do to help this from not happening again?





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*“And who is there that my soul should love more tenderly than a God, who has endured scourging and been drained of His Blood for me?”*

*I Love Thee, O God of love!*

*I love Thee O infinite goodness.”*

*- St. Alphonsus Liguori*



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**INDIFFERENCE**

**“NOT CARING ABOUT GOD.”**

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**VICE**

## STEPS TO CONQUER INDIFFERENCE

- Prayer. Ask God and our Blessed Mother to help you overcome the different aspects of indifference in your life.
- Go to Mass every Sunday. No excuses. Excuses BUILD indifference.
- When you go before the Blessed Sacrament in a chapel or church, make a good, reverent, slow genuflection. This unique action helps us to focus on God.
- Thank God for something every day.
- Ask others how they are and really mean it. When we take a genuine interest in others that weakens the tendency to be indifferent.



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