



VIRTUE=STRENGTH.™



MAGNANIMITY

“TO HAVE A BIG HEART.”

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OPENING PRAYER

*My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior,
for He has looked with favor on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.*

*He has mercy on those who fear Him
in every generation.*

*He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.*

*He has filled the hungry with good things,
and the rich He has sent away empty.*

*He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.*

- Our Blessed Mother

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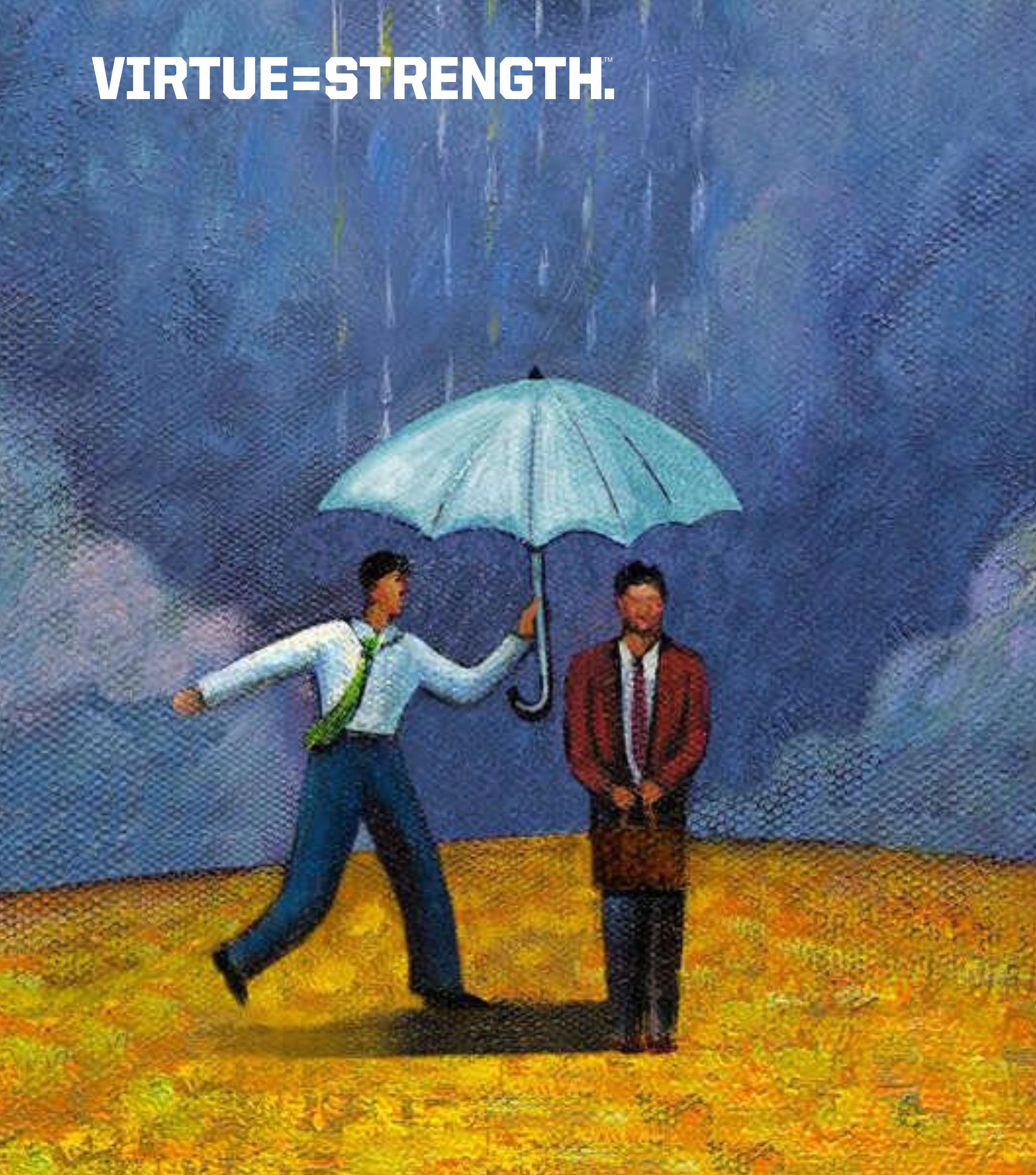
DEFINITION

This week our strength building on the virtue of FORTITUDE is MAGNANIMITY.

The strength to have greatness of soul, performing noble deeds that are great in the eyes of God.

Each and every one of us are called by Almighty God to be holy. We are called to be saints. To reach such sublime heights, one can say that we are called to be great.

This greatness is what is referred to as the virtue of Magnanimity – which translates to ‘greatness of soul’. It cannot exist without humility as its guiding rod.



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MAGNANIMITY

5 WAYS TO DEVELOP THE VIRTUE OF MAGNANIMITY

1. Begin by actually praying for the virtue of magnanimity! Jesus told us if we ask Him for anything, he will give it; especially if it is a gift that will serve to guide us toward salvation.
2. Make a concerted effort to accomplish any task with diligence. Working with diligent designs, paying close attention to detail, and actually caring about what you are doing are all excellent ways to grow in magnanimity.
3. Adjust your attitude positively toward all things. In other words, seek out God's presence in all things and people.
4. Take notice of those around you that you would normally not give a moment of your time. This means the stranger, the beggar, the senior citizen, the good, and the bad; attempt to understand their life and struggles as your own cross to bear. Cultivate a skill of listening rather than speaking as many often say they hear others but do not actually absorb their words. Prayerfully reach out to all people first and foremost with a smile and a 'God Bless You'.
5. **DO NOT COMPLAIN!** Give no quarter to murmuring against anyone or anything. Remove from you vocabulary curse words and other forms of inappropriate language.

RESOLUTION

Strive to live the whole week without complaining.

So no ...

It's too hot
It's too cold
I'm too tired
I'm bored
This is lame
Not this again

Rolling our eyes
Sighing

What are some other ways we complain?



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**SMALL GROUP DIFFICULT SITUATION
DISCUSSION**

*The strength to have greatness of soul,
performing noble deeds that are
great in the eyes of God.*

There is a notice that the school needs tutors.

You're not the absolute best student but there is one subject you are pretty good at.

You are afraid of the commitment and you may not have time.

What are the pros and cons?

What should you do to make this decision?



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MATTHEW 5: 38-42

“You have heard that it was said, ‘An eye for an eye and a tooth for a tooth.’

But I say to you, offer no resistance to one who is evil. When someone strikes you on your right cheek, turn the other one to him as well.

If anyone wants to go to law with you over your tunic, hand him your cloak as well.

Should anyone press you into service for one mile, go with him for two miles.

Give to the one who asks of you, and do not turn your back on one who wants to borrow.”

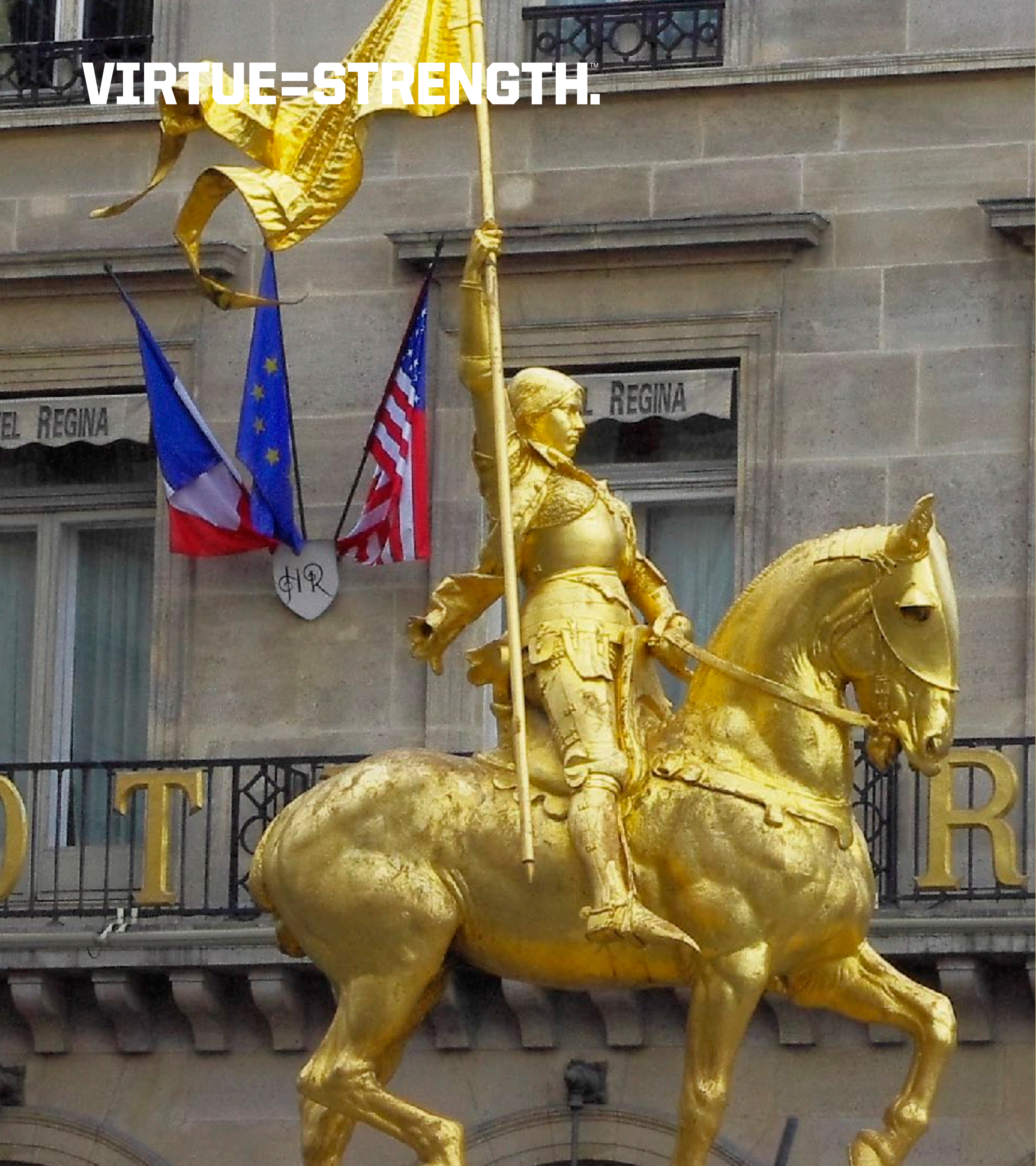


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***“It is better to be alone with God.
His friendship will not fail me, nor
His counsel, nor His love.
In His strength I will dare and dare
and dare until I die.”***

- St. Joan of Arc



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“In her voyage across the ocean of this world, the Church is like a great ship being pounded by the waves of life’s different stresses. Our duty is not to abandon ship but to keep her on her course.”

- St. Boniface

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***“The Most Blessed Sacrament is
Christ made visible.
The poor sick person is
Christ again made visible.”***

- St. Gerard Majella





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PUSILLANIMITY

“TO RUN AWAY FROM THE GOOD
YOU SHOULD DO.”

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VICE

DON'T FALL FOR IT

One way to strive for magnanimity is to avoid the temptation to its opposing vice, which is pusillanimity.

Pusillanimity is the direct opposite of magnanimity: it's to shy away from the gifts God has given you, out of timidity.

For example, God has given you a beautiful singing voice but you won't sing even when people invite and encourage you.

This is different from humility, because where humility is acknowledging that your gifts are not your own, pusillanimity is refraining from using those gifts in the first place.

Love conquers all fears. Nothing will do more to inspire courage, to make us fearless of danger, or ready to endure privation and persecution, than "love." The love of country, family, and home makes the timidest bold when they are assailed.



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